

Notes

Use the space below to write down any questions you might have or to make notes.

Further information and help

For more details about bringing your own medications into hospital please contact:

Your Healthcare Team
Western Isles Hospital, Macaulay Road,
Stornoway, Isle of Lewis, HS1 2AF
Tel. 01851 704704

For further information about any aspect of the medicines you are taking, please contact:

- your medical practice
- your community pharmacy
- NHS24 (tel: 111 or web: www.nhs24.scot).

We are listening - how did we do?

We welcome your feedback as it helps us evaluate the services we provide. If you would like to tell us about your experience:

- speak to a member of staff
- visit our website feedback section at: www.wihb.scot.nhs.uk or share your story at: www.careopinion.org.uk or 0800 122 31 35
- tel. 01851 708069 or 07814 071868 Monday-Friday between 9am-5.30pm.

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Written by: Pharmacy Department, Western Isles Hospital.

Disclaimer

The content of this leaflet is intended to augment, not replace, information provided by your clinician. It is not intended nor implied to be a substitute for professional medical advice. Reading this information does not create or replace a doctor-patient relationship or consultation. If required, please contact your doctor or other health care provider to assist you to interpret any of this information, or in applying the information to your individual needs.

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Bòrd SSN nan Eilean Siar
NHS Western Isles

Bringing Your Own Medications Into Hospital When Admitted



Patient information leaflet

What is meant by 'your own medicines'?

Your own medicines include:

- tablets, capsules and liquids
- creams/ointments
- patches, injections, sprays, drops, etc
- Inhalers (puffers)
- any other item supplied from your GP
- any items you buy from a pharmacy, health food shop, etc.
- any medication supplied to you via the Home Care services or supplied to you from an NHS Western Isles hospital, or other hospital

You should always show these items to a member of the hospital medical, pharmacy or nursing staff so that we can check your medicines. Remember to mention any patches or injections you may use.

Who will check my medicines?

The doctor, pharmacist, pharmacy technician and nurses will check your medicines to find out what you take and how often. They will also check the quality of the medicines you brought with you.

They will check the labels to make sure they have the right instructions, that the medicines are what your GP and Consultant want you to have, and that they are in date.

Therefore please bring your medicines into hospital in their original container, including compliance aids (blister packs).

Medicines that are not appropriate any more

You may have medicines which we would like to take away and dispose of for you. This would happen if the medicines you bring into hospital are:

- no longer used for your treatment
- not good quality or out-of-date
- not clearly labelled with instructions.

We would need your consent to allow us to dispose of these medicines. If this happens, we will ask you to sign a consent form or ask verbally for your consent, and this will be entered on the form.

If you're not happy for us to dispose of your medicines which are no longer appropriate, we will return them to you on discharge from hospital if they cannot be taken home beforehand.

Your own medicines will be used while you are in hospital (as long as they are not out-of-date) but will be stored and administered to you by the nursing staff. If treatment is to continue on discharge the medicines will be returned to you, unless we have your permission to destroy them, they are no longer appropriate, or are not suitable to be returned.

Please note that if we stop a medicine and you have more of that medicine at home, e.g. if it has been stopped or you are no longer taking it, you should take it to your local pharmacy (chemist) or GP for disposal.

What happens when it is time to go home?

We will ensure you have a supply of medication to last at least seven days, including any new medication and existing treatments that need resupplying.

You may end up taking home some of your own medicines and some medicines supplied by the hospital.

Important Points

- Hand over all your own medicines in hospital, staff will return any medication you are to keep with you e.g. Reliever Inhalers or Glyceryl Trinitrate Spray (GTN).
- Let the nursing/pharmacy staff know if there are any medications you are not willing to hand over to hospital staff.
- Call a nurse at once if any visitor or patients try to take your medicines.
- Never share your medicines with anyone else when in hospital or at home.