

# Community Nursing



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West Team

**NHS**  
Eileanan Siar  
Western Isles

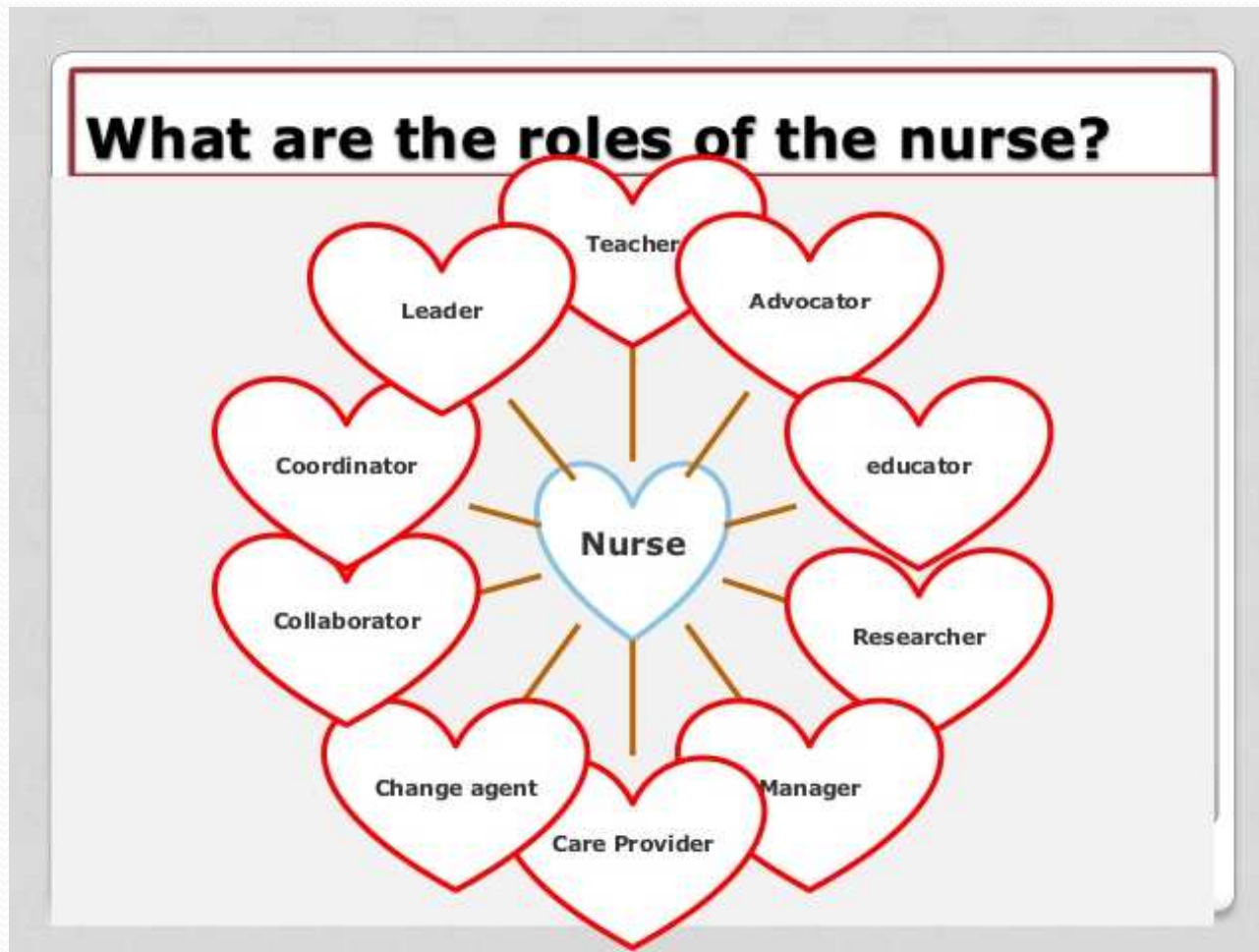


# Areas covered in Lewis and Harris



- Three teams - East, West and South
- Rural community - Westside and Southside
- Bases - Habost, Borge, Carloway and Miavaig

# What is a nurse?





# What is a Community Nurse?

A nurse is someone:

- who provides care in the patient's own home or care setting (not in acute hospital).
- who strives to allow the patient to be cared for at home (if able).
- who focuses not just on the task they are required to do but on their patient, the patient's family and other aspects of the patient's life.



# Some of the daily tasks of a Community Nurse

# Dressing of wounds

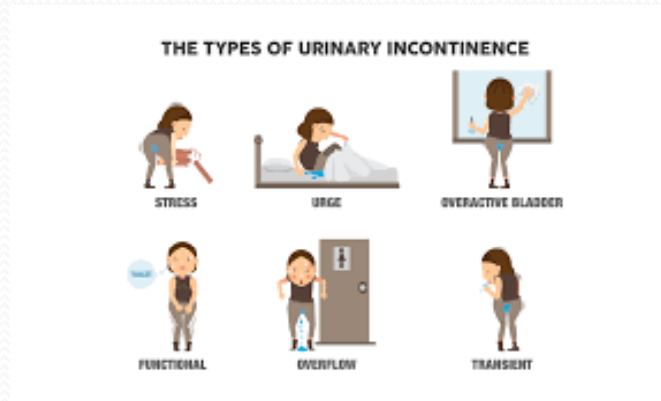


# Injections





# Catheterisation and continence care



# Bloods and observations



# Palliative care



## PALLIATIVE CARE GOAL

Its goal is **much more than comfort in dying**; palliative care is about **living** through meticulous attention to control pain and other symptoms, supporting emotional, spiritual, and cultural needs, and maximizing functional status.

# Why be a Community Nurse?

- Care for patients in their own homes.
- Build relationships and trust with people.
- Strive to keep people out of hospital.
- Helps with loneliness.
- Gets you out of the office! 😊

