Who can Access the Service

Young people aged 11-18 years living in Lewis or Harris who are identified as having been under the influence of substances and/ or misusing substances.

Referrals, which will come from Education, Community Education, Health, Social Work, Schools and Police, will be considered. Consent will be sought from parents or the young person, where the young person is between 16 – 18, prior to any referral. Parents and young people can self-refer to the service.

For further information please contact:

Action for Children Scotland Eilean Siar 30 Bayhead Street Stornoway Isle of Lewis HS1 2DU

Tel: 01851 705080 Fax: 01851 706804

E-mail:

valerie.russell@actionforchildren.org.uk

CONFIDENTIALITY

Service user's information is treated as confidential within the project and will only be shared with the knowledge and permission of the service user except when a child or vulnerable person is at risk.

EQUALITY & DIVERSITY

We respect differences in ethnic origin, gender, religion, sexuality, culture and language both as an employer and service provider. We will endeavour to communicate in people's first language and will ensure participation of those with disabilities.

PARTICIPATION

- Children and their families will be included in meetings and reviews about the progress they are making and their views will be sought before any decisions are made.
- Children and their families will be asked for their views about the service they are receiving.
- Children and their families will be encouraged to assist in the shaping and developing of the service

COMMENTS OR COMPLAINTS

If you have any problems or concerns regarding the service please speak to a member of staff. Any problems or concerns will be dealt with promptly.

Early Intervention Substance Misuse Service







Who We Are

Action for Children helps the most vulnerable children and young people in Scotland break through injustice, deprivation and inequality so they can achieve their full potential. Action for Children became established in the Western Isles in 1998.

Our early intervention service will work across Lewis and Harris with young people who are mostly not currently involved with statutory agencies. We will work in partnership with the Outer Hebrides Alcohol & Drug Partnership (ADP), who play a significant role in the local delivery of national addiction strategies to tackle drug and alcohol misuse problems.

What We Will Do & How We Will Do

<u>It</u>

- Work in partnership with local statutory and non statutory agencies to improve outcomes for children, young people and their families.
- Provide individual based sessions, initially in a 6 week block, which will address substance misuse and any issues associated with this.
- Provide longer term intervention, up until 6 months, involving young people in diversionary activities and our community based service. We will do this in partnership with Community Education. Within this period we will continue to work with the young person using a person centered approach to address any issues affecting their well being e.g. family issues, education difficulties, problems in the community.
- Provide parents with parenting strategies. This will enable families to communicate better.
- Use Family Group conferencing to address underlying issues.

- Provide a link for the young person with other agencies, to advocate on their behalf if required.
- Provide a follow up meeting with the young person and their family 3 months after the end of service to ensure progress continues.
- Through discussion we will discuss alcohol misuse and alcohol limits, the law and substance misuse, healthy relationships and personal safety and use learning aids such as beer goggles.
- Encourage diversion into community based activities working in partnership with Community Education.