

## COMMENTS FROM OUR FAMILIES

### **“Excellent service”**

“The sessions have made a big difference to me and my girls”

### **“Activities with my child and family were fun for all involved.”**

“Triple P Plan, it had a positive impact and it has helped us to see the positive signs on how we had changed some aspects of our own parenting skills.”

### **“Staff are very approachable, communicative and positive.”**

“I can’t do this.....”



“ Yeah.. Look what I can do now”

For further information please contact:

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## CONFIDENTIALITY

Service user’s information is treated as confidential within the project and will only be shared with the knowledge and permission of the service user except when a child or vulnerable person is at risk.

## EQUALITY & DIVERSITY

We respect differences in ethnic origin, gender, religion, sexuality, culture and language both as an employer and service provider. We will endeavour to communicate in people’s first language and will ensure participation of those with disabilities.

## PARTICIPATION

- Children and their families will be included in meetings and reviews about the progress they are making and their views will be sought before any decisions are made.
- Children and their families will be asked for their views about the service they are receiving.
- Children and their families will be encouraged to assist in the shaping and developing of the service

## COMMENTS OR COMPLAINTS

If you have any problems or concerns regarding the service please speak to a member of staff. Any problems or concerns will be dealt with promptly.

# EARLY YEARS



Children’s experiences in their early years are very closely related to the quality of the care they receive. These experiences can have a real impact on how children develop in the future.



## OUR SERVICE

- Provide activity based parenting sessions for families affected by substance misuse which will enable parents to engage more positively with their children. This will improve the quality of attachments between the parent and child and enhance the parent's self-esteem, confidence and parenting ability.
- Age appropriate play will enhance the child's overall physical, emotional and cognitive development.
- Provide short periods of childcare whilst the parent attend necessary appointments in relation to substance misuse if required.
- Use an accredited parenting programme (Triple P) to enhance parent's capacity.
- To work in partnership with local agencies to improve outcomes for children and their families.
- To enhance the life chances of very young children .
- To give parents confidence and raise self-esteem.
- To enhance parenting skills and develop positive attachments.
- Prevent risk of family breakdown.
- Equip parents with parenting strategies which they can adapt and use as the child grows up.
- Work holistically with partner agencies.

## REFERRALS

Referrals can be made via Social Work, Health Visitors, Midwives, Education and self-referrals.

After the initial referral a family support practitioner will arrange a visit with you to assess your needs.

We work with children from the age of 0-8 years.

## POSITIVE PARENTING PROGRAM

The Positive Parenting Program, or Triple P, is a multi-level system of family intervention for parents of children who have or are at risk of developing behaviour problems. It is a preventively orientated program which aims to promote positive, caring relationships between parents and their children, and to help parents develop effective management strategies for dealing with a variety of childhood behaviour problems and common developmental issues.

The program has been designed to be completed in 10 sessions; however, depending on the needs of families, it may take longer.

### **What we have achieved:**

- Families participated in the Triple P program.
- Support and advice given regarding bereavement, alcohol and drug misuse.
- Activity based sessions provided.

- Counselling skills used.
- Supporting parents to achieve their goals applying for college or employment.
- Practical advice with housing, food and nutrition, budgeting and life skills
- Worked in partnership with others to help families e.g. Health Promotions (vouchers), Minor Ailments Scheme, Tighean Innse Gall project (Energy Advisors)

