VOLUNTEERING WITHIN NHS WESTERN ISLES

CABHAIR 'NAR COIMHEARSNACHD





NHS Volunteering Opportunity

Role Title: Big Fit Walk Event Coordinator (x 16 vacancies)

Department/ Area: **Health Promotion Department**

Lewis (x4), Harris (x4), Uists (x4) and Barra (x4)

Skills and experience needed:

Applicants should have an interest in organising events, be organised, be able to work as part of a team and have good timekeeping. No prior experience required.

Outline of the role:

In support of Year of Young People 2018 the Health Promotion Department seeks to enrol groups of 4 Event Coordinators across the Outer Hebrides, aged 16 - 26, to support the provision of one-off Paths for All 'Big Fit Walk' walking events in communities across the islands.

The Event Coordinator groups will be supported by Health Promotion staff in planning, organising, running and evaluating a Big Fit Walk during the month of June 2018. The walk aims to be engaging, interactive and fun!

When:

The events can take place anytime in June. Applicants should be available for 1 hour per week for 4-6 weeks prior to the event for planning and 2 weeks after for evaluating the event.

What you get in • return: •

- An opportunity to learn new skills
- An opportunity to meet new people
- Induction, training & support
- Out of pocket expenses in line with CEL 23
- A role that harnesses your skills, interests and experiences
- Subsidised facilities, at staff rates where available

Contact: To apply or for further information please contact:

Health Improvement Practitioner, Health Promotion Department, Block 11, Laxdale Court, Stornoway, Isle of Lewis, HS2 0GS **Tel:** 01851 76 2016 **Email:** karen.peteranna@nhs.net

Volunteer Services Co-ordinator, Spiritual Care Department, Western Isles Hospital, Macaulay Road, Stornoway, Isle of Lewis, HS1 2AF **Tel:** 01851 704704 ext 2408 **Website:** www.wihb.scot.nhs.uk



SUPPORTING

year of young people bliadhna na h-òigridh 2018

Break out from the ordinary and join NHS Western Isles as a volunteer. There are lots of worthwhile and fulfilling roles and activities. It could change your life and those around you.

It could be just what you've been waiting for...