

For further information please contact

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Pathways is run by Action for Children as part of Eilean Siar.

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The service is part funded by Comhairle Nan Eilean Siar

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The service works closely with Education & Children's Service's in the delivery of this service of young adults.

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This service is regulated by the Care Inspectorate who can be contacted at; Social Care & Social Work Improvement Scotland, Custom House, Cromwell Quay, Stornoway, Isle of Lewis  
Tel: 01851 706157

# Pathways

## Throughcare & Aftercare



In  
Partnership  
with



# What is throughcare & Aftercare?

Throughcare is the support and help offered to a young person Looked After, including Accommodated, living with a family, in a residential placement or with foster carers.

Looked After young people are offered the time and space to grow towards adulthood, which includes things like:

- Understanding their needs.
- Health and well-being.
- Education, training and employment.
- Getting on with others.
- Having fun.
- Dealing with problems.
- Practical skills.
- Hobbies and interests.
- Budgeting.
- Making mistakes and learning from them.

Aftercare is the support offered when young people are 'ready' to move on in a planned way towards greater independence. Support is still offered, even if young people move on in a crisis.

Aftercare is offered if the young person is or was looked after, when reaching school leaving age.

## How do we help?

To offer support and advice to all Looked After young people aged 15 – 21 years old, in planning for their future.

- ∞ To promote choices for young people as far as possible.
- ∞ To actively involve young people, carers and others in offering a flexible service.
- ∞ To be part of young people Looked After Children Care Plan, from the age of 15.
- ∞ To promote and support planned moves when young people are ready, not because they are aged 16 or in crisis.
- ∞ To assess and support young people's aftercare needs, until their 19<sup>th</sup> birthday and 21<sup>st</sup> if needed.
- ∞ To work in partnership with other agencies and carers.

- ∞ To work in accordance with the principles of Proact Scip i.e. a holistic, consistent, team approach which supports and encourages the development of appropriate communication.

Pathways works to the regulations and guidance for Supporting Young People Leaving Care in Scotland. For more information regarding the law and legislation please access <http://www.scotland.gov.uk>

## Feedback

“Pathways helps young people a lot.”  
Young person, age 21

“Pathways has helped me by opening up what I feel inside, helping to talk through things to make my life easier and gaining confidence by helping me get through what has happened in my past and I feel comfortable talking to my keyworker because I tell my keyworker everything to get it off my chest and then I don't need to worry anymore” Young person, age 16