



Wound Care Advice

Please read and follow the instructions below to care for your surgical wound following discharge. If you have any concerns about your wound or dressing, please contact your GP Practice, Practice Nurse or Community Nurse for advice.

Procedure: _____

Date of Surgery: _____ Surgeon: _____

Wound site: _____

Dressing applied: _____

Date to remove dressing: _____

Wound check due: _____ Who by: _____

Absorbable sutures: Yes No Removal of sutures/staples: _____

Date of Community Nurse visit, if applicable: _____

Dressings supplied: _____

Wound care instructions

- Ensure that hands are thoroughly washed before any change of dressings
- Keep wound dressing dry and intact
- Do not remove dressing for at least 48 hours unless heavily soiled or wet
- Keep wound dressings dry when showering or bathing
- Do not touch wound.

Should you notice any of the following, seek MEDICAL ADVICE from your GP, Practice Nurse, Community Nurse, or NHS 24 (tel. 111). Out-of-hours please contact NHS 24 on 111.

- redness around the wound site
- notice any discharge from wound
- any odour/smell from wound
- have any new pain around wound site
- develop a temperature, or feel shivery and unwell.

We are listening - how did we do?

We welcome your feedback, as it helps us evaluate the services we provide. If you would like to tell us about your experience:

- speak to a member of staff
- visit our website: www.wihb.scot.nhs.uk/feedback or share your story at: www.careopinion.org.uk or tel. 0800 122 31 35
- tel. 01851 708069 or 07814 071868 Monday-Friday between 9am-5.30pm.