

## We are listening - how did we do?

We welcome your feedback, as it helps us evaluate the services we provide. If you would like to tell us about your experience:

- speak to a member of staff
- visit our website feedback section at: [www.wihb.scot.nhs.uk](http://www.wihb.scot.nhs.uk) or share your story at: [www.careopinion.org.uk](http://www.careopinion.org.uk) or 0800 122 31 35
- tel. 01851 708069 Monday-Friday between 9am-5.30pm.



Bòrd SSN nan Eilean Siar  
NHS Western Isles

# Daylight Photodynamic Therapy (PDT)



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### Disclaimer

The content of this leaflet is intended to augment, not replace, information provided by your clinician. It is not intended nor implied to be a substitute for professional medical advice. Reading this information does not create or replace a doctor-patient relationship or consultation. If required, please contact your doctor or other health care provider to assist you to interpret any of this information, or in applying the information to your individual needs.

Patient Name: \_\_\_\_\_

Date of Treatment: \_\_\_\_\_

Time of gel application: \_\_\_\_\_

## Your Treatment

Your Nurse has just prepared your skin for treatment and has administered the photosensitizing gel to treat the Actinic Keratoses on your face/head/neck/other.

Within the next 30 minutes, you have been asked to go outside and stay in **full daylight for the next two hours**. You don't need to sit in full sun, just daylight so taking some shelter outdoors if it is too hot is fine too.

During the treatment you may experience some tingling in the sun damaged areas. This is normal and part of the treatment process.

## The Weather

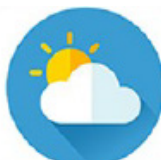
How would you describe the weather conditions you experienced during your treatment time? (please tick one from list below)

☐

Full Sun

☐

Sunny Spells

☐

Light Cloud

☐

Heavy Cloud

☐

Rain Showers



## What's next?

After the two hours light exposure please wash off the excess gel and cover up.

What was the time you removed the gel? \_\_\_\_\_

**Following treatment please keep the treated area protected with a high factor sunscreen (SPF 30 or greater), or wear a hat for the next 24 hours.**

In the days following treatment you are likely to see redness, swelling and crusting affecting the treated areas. This is a normal response to treatment. The pictures below show what you might expect to see in the days following treatment.



## Concerns

Should you be concerned about any unusual symptoms you experience during, and in the days after, treatment please get in touch with your clinician straight away.