

Notes

Use the space below to write down any questions you might have or to make notes.

Further information and help

For further information please contact:

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Bòrd SSN nan Eilean Siar
NHS Western Isles

We are listening - how did we do?

We welcome your feedback, as it helps us evaluate the services we provide. If you would like to tell us about your experience:

- speak to a member of staff
- visit our website www.wihb.scot.nhs.uk/feedback or share your story at - www.careopinion.org.uk or 0800 122 31 35
- tel. 01851 708069 or 07814 071868 Monday-Friday between 9am-5.30pm.

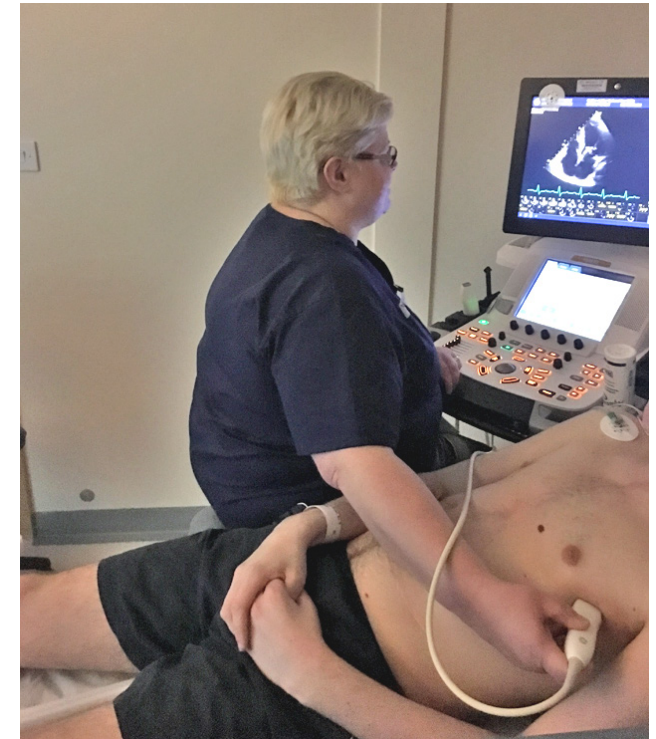
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Echocardiogram Examination



Advice for patients and their carers

Introduction

You have been advised to have an Echocardiogram, or a cardiac ultrasound scan, of your heart. This test will produce important information about your heart.

You are not required to fast before your echocardiogram.

About the test

The echocardiogram uses ultrasound, which uses sound waves which will reflect different structures within the heart, producing a picture of your heart on a TV monitor.

You will not feel any sensation from the sound waves. The test is completely painfree and safe.

The ultrasound examination is the same test which many women undergo during pregnancy to check the development of the baby.

If you have any questions about the test please do not hesitate to ask the doctor/ technician performing the echocardiogram.

What to expect

For the test you will lie on a couch in a slightly darkened room.

The cardiac ultrasound probe, which will be used to carry out the echocardiogram, will have a layer of ultrasound oil to maintain good contact between the probe and your chest.

The doctor/technician performing the echocardiogram will then see a picture of your heart on the TV screen.

You may be asked to turn into different positions to allow the best view of your heart to be obtained.

The test will take up to 45 minutes.

Receiving your test results

To obtain the test results you will either receive an appointment for the Medical Outpatient Clinic, or your own General Practitioner will discuss this with you.

Either your GP or Consultant/team (whoever made the referral) will contact you directly about your results.

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