

Contact Us

For more details contact:

Occupational Therapy
Comhairle nan Eilean Siar, Sandwich Road,
Stornoway, Isle of Lewis, HS1 2BW
Tel: 01851 822847
or

Occupational Therapy Department
Social Work Department, Comhairle nan Eilean Siar,
Balivanich, Benbecula
Tel: 01870 604984

We are listening - how did we do?

We welcome your feedback, as it helps us evaluate the services we provide. If you would like to tell us about your experience:

- speak to a member of staff
- visit our website feedback section at: www.wihb.scot.nhs.uk or share your story at: www.careopinion.org.uk or 0800 122 31 35
- tel. 01851 708069 or 07814 071868 Monday-Friday between 9am-5.30pm.

Date produced: March 2021

Review Date: March 2023

Produced by: Occupational Therapy Department, Western Isles Hospital.

Disclaimer

The content of this leaflet is intended to augment, not replace, information provided by your clinician. It is not intended nor implied to be a substitute for professional medical advice. Reading this information does not create or replace a doctor-patient relationship or consultation. If required, please contact your doctor or other health care provider to assist you to interpret any of this information, or in applying the information to your individual needs.



Bòrd SSN nan Eilean Siar
NHS Western Isles

Occupational Therapy Department



An introduction to the Occupational Therapy Department

What is Occupational Therapy?

Occupational Therapy (known as OT) offers assessment and treatment if you have difficulties with everyday activities which are important to you, either at home, at work or in school.

Occupational Therapy offers the following services:

- Children's service
- Hand Therapy and Rheumatology
- Mental Health
- Community Adaptations and Rehabilitation
- Community Equipment Service
- Stroke and Neurology
- Vocational Rehabilitation

What is involved?

We consider carefully all the factors that may affect you in your daily activities, and work together with you, and your family and support network (if appropriate), to try and find solutions to problems you are experiencing.

For more information about the profession please visit The Royal College of Occupational Therapy website at: www.rcot.co.uk

Referral to the service

Referrals can be made by individuals, or, with the person's permission, a referral can be made by anyone else e.g. a family member, neighbour or health professional.

Referrals can be made by telephone or email, please see our contact details on the opposite page.

Service contact details

Email for all OT services: wi.otwesternisles@nhs.scot

Adaption & Rehabilitation Team (Lewis & Harris)

Occupational Therapy, Comhairle nan Eilean Siar
Sandwick Road, Stornoway, Isle of Lewis, HS1 2BW
Tel: 01851 822847

Adaption & Rehabilitation Team (Uist & Barra)

Comhairle nan Eilean Siar, Balivanich, Benbecula, HS7 5LA
Tel: 01870 604984 ext 853

Children's Occupational Therapy Team

Health Centre, Springfield Road, Stornoway, Isle of Lewis, HS1 2PS
Tel: 01851 705685

Stroke & Neurology and Rheumatology & Hand Therapy Services

Western Isles Hospital
MacAulay Road, Stornoway, Isle of Lewis, HS1 2AF
Tel: 01851 708288 & 708286

Mental Health OT

Community Mental Health Team
Health Centre, Springfield Road, Stornoway, Isle of Lewis, HS1 2PS
Tel: 01851 703069

Community Equipment Service

Comhairle nan Eilean Siar Marybank Council Depot
Stornoway, Isle of Lewis HS1 2XH
Tel. 01851 703054