

A guide for General Practices - Winter 20 / Spring 21



Where?

There are three community pharmacies in the Western Isles: KJ MacDonald & Boots are in Stornoway and Back Pharmacy is located in Vatisker

The pharmacies are open Monday to Saturday and all have been involved in preparing this information for you.

What NHS services do pharmacies provide?

We can assess and treat all patients for **common clinical conditions/minor ailments** including, for example: Athlete's foot, coldsores, hay fever, impetigo, mouth ulcers, threadworms, warts etc

We do this through pharmacy-generated prescriptions; there is no charge to the patient and <u>everyone is eligible</u>.

We can also assess and treat **Urinary Tract Infections** in women between the ages of 16 and 65 (but please see below for exclusion criteria)

Pharmacies are here to help patients **stop smoking**. We do not require a referral, we generate our own prescriptions for Nicotine Replacement Therapy or Varenicline (Champix) and we provide one-to-one support for patients on a weekly basis.

We can supply patients with **Gluten Free Foods** on a pharmacy-generated prescription if the patient is suitable and is referred to us by their GP.

Urgent Situations

Pharmacies can provide Emergency Hormonal Contraception via a pharmacy-generated prescription at no cost to the patient.

Pharmacies can help patients access their regular medicines in a hurry when a GP prescription is not available. This is done using the Urgent Supply PGD and covers all patients who are registered with a GP in Scotland. Please note, we can't supply controlled drugs in this manner.

If any of the above apply to one of your patients then the pharmacy can be the first port of call; we are happy to help.

When pharmacies can't treat a UTI:		
Under 16 / over 65	Patients on prophylactic antibiotics	Men
Severe symptoms and including back pain or symptoms lasting > 7 days	UTI in the in the last month or recurring UTIs (3+ in 12 months)	Discharge is present
High temperature, nausea, shivering, chills, confusion	Pregnant or breastfeeding	Catheterised patients