



# Bedrails Guidance Sheet

## Guidance for patients, family and carers regarding the use of bedrails

Bedrails have been provided following a clinical risk assessment. The bedrails are only to be used by the person they were issued to. It is essential that should there be any changes in the person's condition, they are reassessed for the use of the rails.

### Monthly checks

Please ensure that the following checks are made monthly:

- Are any of the rails bent?
- Are there any loose fixings or brackets?
- Are the plastic sockets on the clamps loose?
- Are there any sharp edges or flaking chrome finishes?
- Are there any risks to the patient becoming trapped in the bed rails?

If you answer 'Yes' to any of the above questions or have any problems with equipment, please contact:

- the Community Nursing service attached to the GP practice that the patient is registered with; or
- the local Occupational Therapy department (Lewis/Harris: 01851 708287 or Uist/Barra: 01870 602425 or
- the Community Equipment Service (CES), tel. 07811 179 380.

**It is the responsibility of the patient/carer to ensure these checks are completed.**

If you have any concerns regarding the use of the bedrails or feel a re-assessment is required, please contact the department (see contact details above) who initially assessed and prescribed the bed rails.

Further information is available at: [www.hse.gov.uk/healthservices/bedrails](http://www.hse.gov.uk/healthservices/bedrails)

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- visit our website [www.wihb.scot.nhs.uk/feedback](http://www.wihb.scot.nhs.uk/feedback) or share your story at: [www.careopinion.org.uk](http://www.careopinion.org.uk) or tel. 0800 122 31 35
- tel. 01851 708069 or 07814 071868 Monday-Friday between 9am-5.30pm.