

Working hours

The Stroke Liaison Nursing hours are as follows:

Lewis & Harris

Monday-Friday 9am-5pm

Uist & Barra

Thursday and Friday 9am-5pm

Further Information

For further information contact:

Lewis & Harris

Dolina Macleod
Stroke Liaison Nurse
Stroke Unit, Medical Ward 2,
Western Isles Hospital,
Stornoway, Isle of Lewis, HS1 2AF
Tel: 01851 704704 ext. 2273
Mobile: 0781 420 7158
Email: dolina.macleod@nhs.scot

Uists & Barra

Ann Maclean
Stroke Liaison Nurse
Uist & Barra Hospital
Balivanich,
Isle of Benbecula, HS7 5LA
Tel: 01870 603 638
Mobile: 0798 093 9342
E-mail: ann.maclean@nhs.scot

Chest Heart & Stroke Scotland (Western Isles)

Facebook: Chest Heart & Stroke Scotland
Western Isles

Notes

We are listening - how did we do?

We welcome your feedback, as it helps us evaluate the services we provide. If you would like to tell us about your experience:

- speak to a member of staff
- visit our website www.wihb.scot.nhs.uk/feedback or share your story at - www.careopinion.org.uk or 0800 122 31 35
- tel. 01851 708069 or 07814 071868 Monday-Friday between 9am-5.30pm.

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Written by: Stroke Liaison Nurse, NHS Western Isles.
Thanks to CHSS Stroke Nurses Service for their assistance in developing this patient information leaflet.

Disclaimer

The content of this leaflet is intended to augment, not replace, information provided by your clinician. It is not intended nor implied to be a substitute for professional medical advice. Reading this information does not create or replace a doctor-patient relationship or consultation. If required, please contact your doctor or other health care provider to assist you to interpret any of this information, or in applying the information to your individual needs.

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Bòrd SSN nan Eilean Siar
NHS Western Isles

Stroke Liaison Nurse

STROKE?

Think FAST & save a life
CALL 999

FACE – Can they smile?
Does one side droop?



ARM – Can they lift both
arms? Is one weak?



SPEECH – Is their speech
slurred or muddled?



TIME – To call 999.



If you see these signs call 999 FAST.

www.thinkFAST.org.uk



NO LIFE HALF LIVED



Who is the Stroke Liaison Nurse?

The Stroke Liaison Nurse is an experienced Registered Nurse.

Their role is to provide support to patients and their families following discharge from hospital after a stroke. They will also liaise with other professionals as needed.



Role of the Stroke Liaison Nurse

The role of the Stroke Liaison Nurse is to:

- give advice, information and support to the patient and their relatives
- raise awareness of risk factors
- encourage appropriate lifestyle changes to help minimise the risk of further Stroke
- facilitate a smooth transition from hospital back into the community or long term care
- offer assistance and advice to assist patients with reintegration back to their home and community
- assist patients and their relatives to adjust to changes that may have occurred as a result of a Stroke
- provide follow up in person, by virtual appointment, or over the phone
- be involved with patients who have experienced new strokes and Transient Ischaemic Attacks (TIAs) for up to a year
- make five follow up appointments following your discharge from hospital.

Follow up appointments

The Stroke

- 1st point: 2 weeks post discharge
- 2nd point: 6 weeks post discharge
- 3rd point: 3 months post discharge
- 4th point: 6 months post discharge
- 5th point: 9-12 months post discharge

Further appointments may be arranged as/ if required.

Speak to your Stroke Liaison Nurse to arrange these.

If you are experiencing difficulties

Any problems experienced or encountered between visits can be identified to your Stroke Liaison Nurse by contacting:

Lewis & Harris

- Tel. 01851 704 704 ext. 2273
0781 420 7158 (mobile)
- Email: dolina.macleod@nhs.scot

Uists & Barra

- Tel. 01870 603 638
0798 093 9342 (mobile)
- Email: ann.maclean@nhs.scot