

# Safe Tick Removal

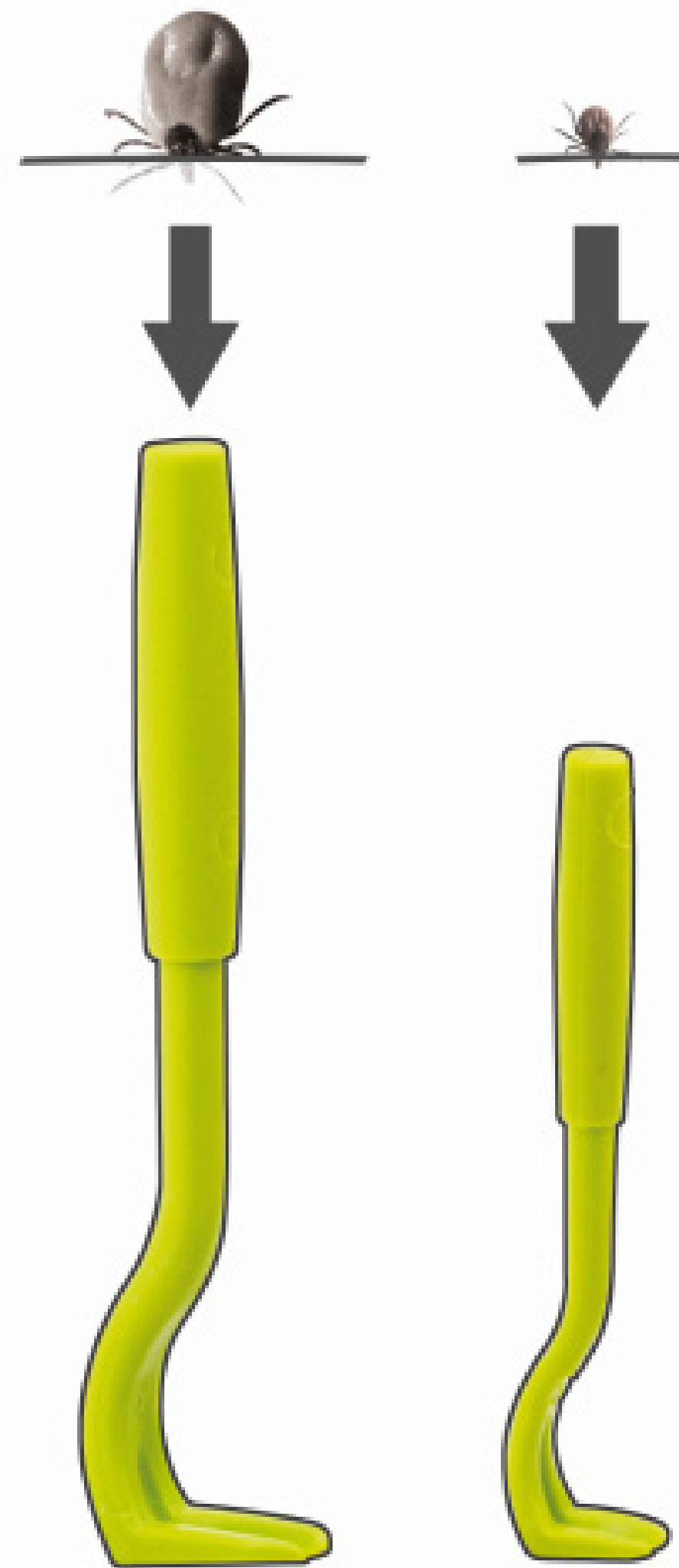
## Tick and Lyme Disease



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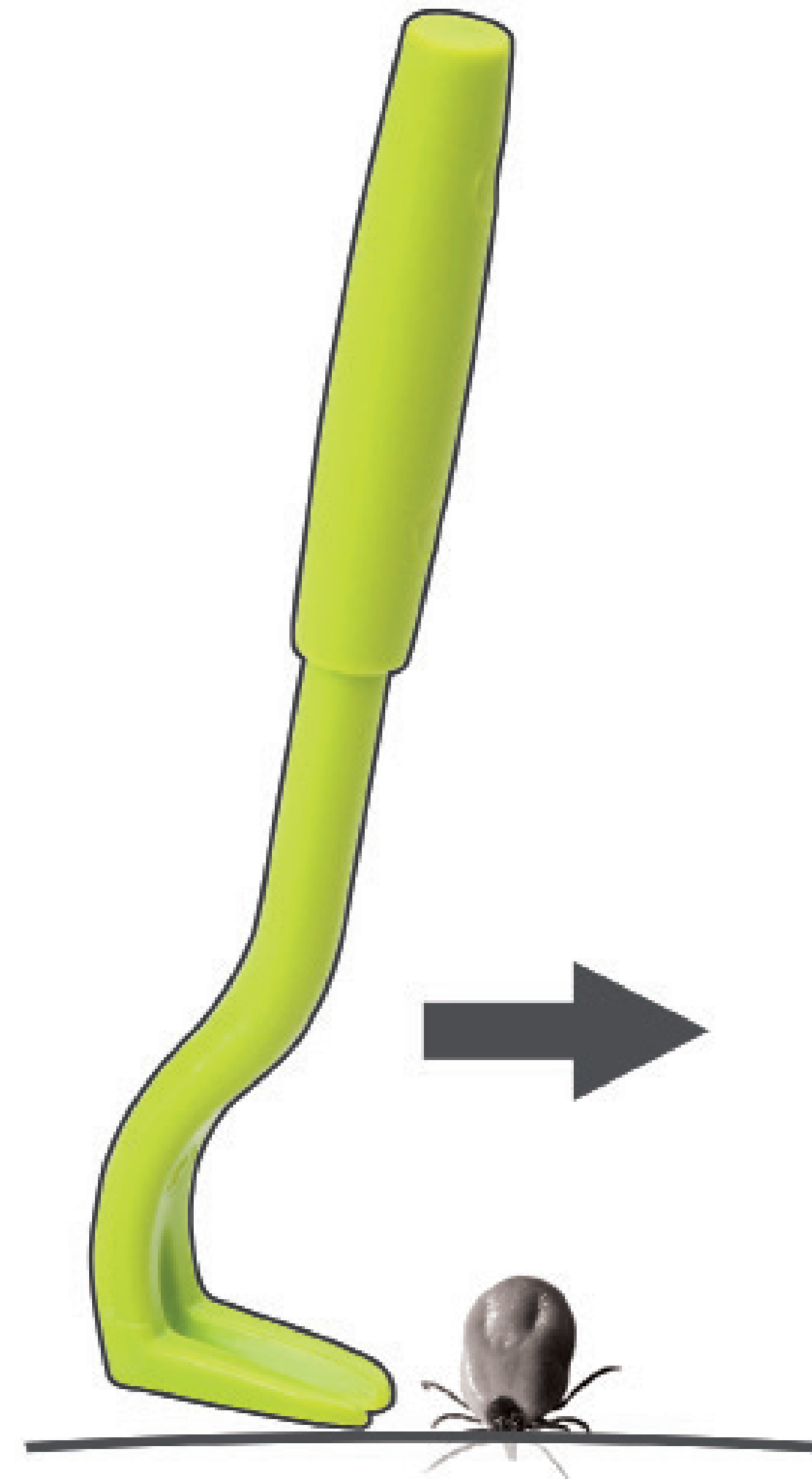
If you notice possible signs of infection or have any concerns, please consult your GP

1



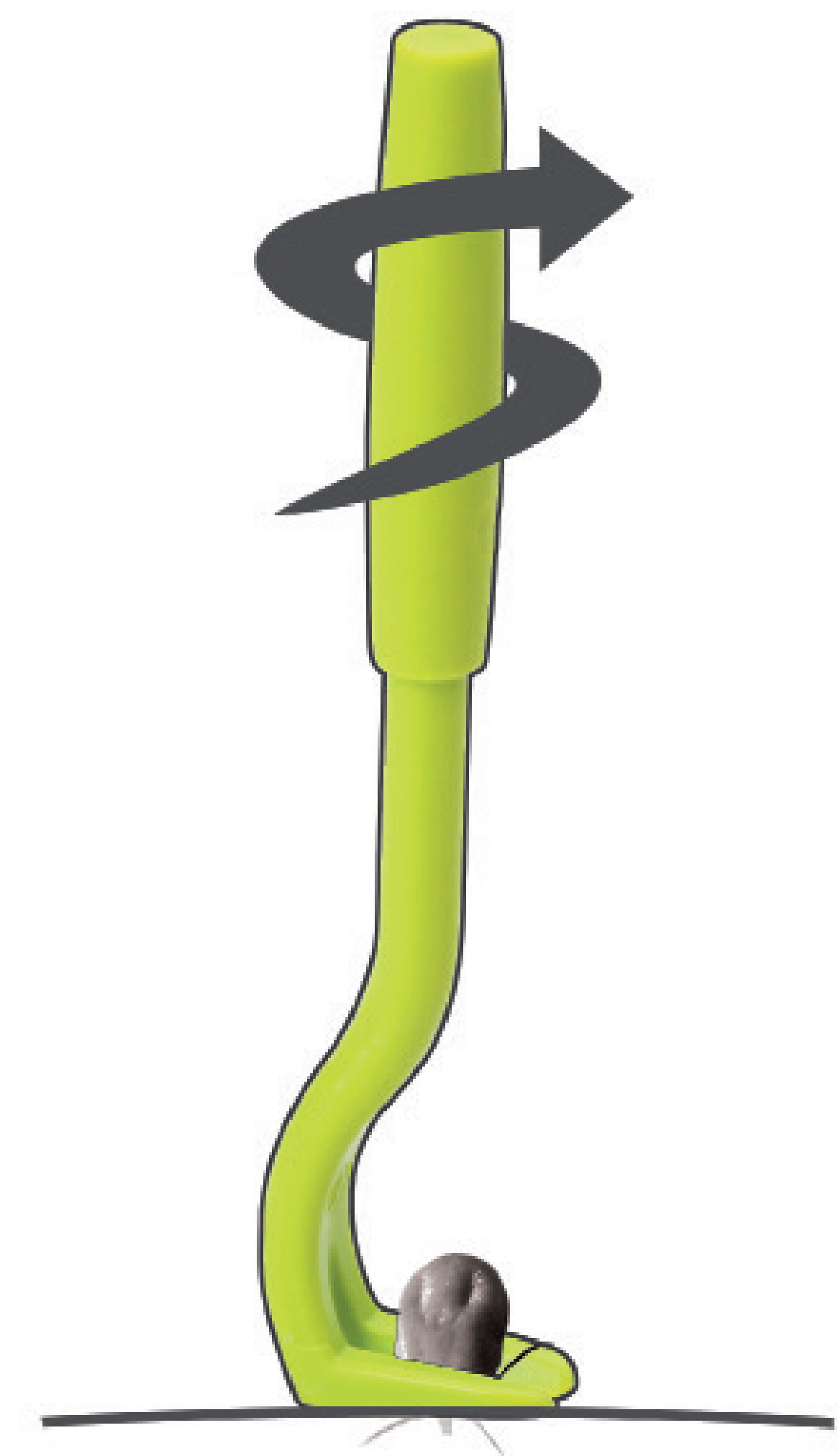
1. Choose the most suitable hook according to the size of the tick

2



2. Engage the hook by approaching the tick from the side until it is held

3



3. Lift the hook very lightly and turn until the tick detaches