



## My 'What matters to you?' day

### Impact and learning

Please share your learning from 'What matters to you?' day on the next page. We have suggested, below, a few questions that might guide you in providing your reflections. However, please feel free to share in a way that feels right for you.

What did you do?

What worked well and why?

What did you learn?

In what way did asking 'What matters to you?' make a difference? For example:

- a carer was provided with respite care in a new or creative way
- an unnecessary test or procedure was not undertaken
- the person managed to achieve more than they expected (or than you expected!)
- the person managed to go direct to the service they required rather than being transferred
- fewer repeat appointments were needed
- the person you were caring for managed to get home earlier than expected

What will you do differently beyond 'What matters to you?' day?

Please return your feedback to [HIS.WMTY@nhs.scot](mailto:HIS.WMTY@nhs.scot)

For more information about 'What matters to you?' day, please visit [www.whatmatterstoyou.scot](http://www.whatmatterstoyou.scot)

## **My details:**

Name:

Organisation name:

Service name:

Contact details:

## **My feedback:**

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