

## Further information and help

For further information please contact:

Radiology Department  
Western Isles Hospital  
MacAulay Road  
Stornoway  
Isle of Lewis  
HS1 2AF  
Tel. 01851 704704  
[www.wihb.scot.nhs.uk](http://www.wihb.scot.nhs.uk)



Bòrd SSN nan Eilean Siar  
NHS Western Isles

## We are listening - how did we do?

We welcome your feedback, as it helps us evaluate the services we provide. If you would like to tell us about your experience:

- speak to a member of staff
- visit our website [www.wihb.scot.nhs.uk/feedback](http://www.wihb.scot.nhs.uk/feedback) or share your story at: [www.careopinion.org.uk](http://www.careopinion.org.uk) or tel. 0800 122 31 35
- tel. 01851 708069 or 07814 071868 Monday-Friday between 9am-5.30pm.

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### Disclaimer

The content of this leaflet is intended to augment, not replace, information provided by your clinician. It is not intended nor implied to be a substitute for professional medical advice. Reading this information does not create or replace a doctor-patient relationship or consultation. If required, please contact your doctor or other health care provider to assist you to interpret any of this information, or in applying the information to your individual needs.

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## CT Enterography



Advice for patients and their carers

# What is CT Enterography?

A CT (Computed Tomography) scanner uses x-rays to produce images or “slices” through a part of the body.

CT Enterography is when the CT provides information about the small bowel and other structures inside your abdomen.

## About your scan

The examination usually takes around 90 minutes. However you should expect to be in the Radiology Department for around two hours in total.

After the scans, doctors will look at your images for abnormalities. If anything unusual is seen on the images, or if further information is needed, you may be offered further tests.

## Preparing for your scan

### Diet sheet

You will receive a diet sheet along with your appointment letter. However, in the event you do not receive a diet sheet, please contact the Radiology Department by telephoning (01851) 708224.

It is important to follow the diet sheet as this provides you with information to ensure your small bowel is as empty as possible for the scan.

Please follow the instructions carefully, as this will help us to do the best scan we can.

### Arriving at Radiology

When you arrive at the Radiology Department you will be given fluid to drink.

After drinking for about an hour you will then have your scan done.

During your CT Enterography you will be given an injection of contrast or “X-ray dye” which highlights the bowel wall on the scan images.

## What happens afterwards?

Once the examination is over, you should be able to leave the department straight away.

**However**, please be aware that the drink we give you is a **laxative** and you will want to be near a toilet for the rest of the day. This is particularly important if you have a long journey, or will be using public transport.

You will be able to resume your normal diet immediately after the examination.

The result of the scan will go to the doctor who referred you for the test. Please note that we are unable to give any result on the day.

If you have any further questions about your CT Enterography appointment, please do not hesitate to call the Radiology Department, Western Isles Hospital, tel. (01851) 708224.

## Coronavirus Measures

Given the current COVID-19 pandemic there are measures in place in our hospitals and at all healthcare appointments to ensure the

safety of you, other patients and our staff. You are asked to:

- please arrive at your appointment on time
- attend alone where possible unless you require support
- not attend your appointment if you have any symptoms of COVID-19, if you have tested positive for COVID-19, or if you have been asked to self isolate by Test and Protect or via the Protect Scotland app.

You will be required to follow our safety instructions at our premises. For example, you must wear a clinical face mask on entry to the Hospital (which we will provide) unless you are medically exempt.

If you are medically exempt, you must present a Scottish Government Exemption Card (visit [www.exempt.scot](http://www.exempt.scot) or tel. 0800 121 6240 for details of how to get one).

You will be required to hand sanitise at several points when you attend, including on entry to the premises.

You will also be required to keep a safe two metre distance from others at all times, with the exception of when one of our clinicians is providing direct clinical care, or an examination.

You must only attend your scheduled appointment whilst in the hospital - you must not visit any hospital in-patients unless you have a scheduled visiting slot as a named visitor.

If you have COVID-19 symptoms, you must immediately self-isolate and book a test (tel. 01851 601151 or email: [wi.covid19queries@nhs.scot](mailto:wi.covid19queries@nhs.scot) Please remember FACTS and stay safe.