

## Further information and help

NHS24	Freephone 111
NHSinform	<a href="http://www.nhsinform.scot">www.nhsinform.scot</a>
Patient UK:	<a href="http://patient.info">http://patient.info</a>
British Association of Dermatologists	<a href="http://www.bad.org.uk">www.bad.org.uk</a>
DermNet New Zealand	<a href="http://www.dermnetnz.org">www.dermnetnz.org</a>
Primary Care Dermatology Society	<a href="http://www.pcads.org.uk">www.pcads.org.uk</a>

## Contact Details

For further information contact:

Angela Woodley  
Dermatology Specialist Nurse,  
Outpatients Department  
Western Isles Hospital  
Tel: 0797 620 2976  
E-mail: [angela.woodley@nhs.scot](mailto:angela.woodley@nhs.scot)

## We are listening - how did we do?

We welcome your feedback, as it helps us evaluate the services we provide. If you would like to tell us about your experience:

- speak to a member of staff
- visit our website [www.wihb.scot.nhs.uk/feedback](http://www.wihb.scot.nhs.uk/feedback) or share your story at - [www.careopinion.org.uk](http://www.careopinion.org.uk) or 0800 122 31 35
- tel. 01851 708069 or 07814 071868 Monday-Friday between 9am-5.30pm.

Version: 3                      Review Date: July 2023  
Written by: Dermatology Specialist Nurse, Western Isles Hospital.

### Disclaimer

The content of this leaflet is intended to augment, not replace, information provided by your clinician. It is not intended nor implied to be a substitute for professional medical advice. Reading this information does not create or replace a doctor-patient relationship or consultation. If required, please contact your doctor or other health care provider to assist you to interpret any of this information, or in applying the information to your individual needs.

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Bòrd SSN nan Eilean Siar  
NHS Western Isles

Outpatients Department

## Dermatology Specialist Nurse Service



Information and advice on the Dermatology  
Specialist Nurse Service in the Western Isles

This leaflet explains some of the ways in which the Dermatology Specialist Nurse Service can help with your skin condition.

## About the service

The Dermatology Specialist Nurse Service was developed to support those in the Western Isles with skin conditions.

Regular clinics are held in the Outpatient Department at Western Isles Hospital in Stornoway. Our clinics are mainly face-to-face, but we also offer the option of video-linked clinics using 'NHS Near Me'.

The Service offers, in addition to a Dermatology Specialist Nurse, a Consultant from Raigmore Hospital who attends clinics once every two months.

Assistance to the clinics is also provided by GPs who have undertaken specialist dermatology training.

## What does the service offer?

The Dermatology Specialist Nurse Service offers the following treatments:

- Liquid Nitrogen Cryotherapy
- Phototherapy
- Iontophoresis
- Wet Wraps/Impregnated Bandaging
- Topical Treatments
- Intralesional Steroid Injections.

You may also be referred for further investigations such as:

- Patch Testing
- wig/hair piece provision
- continued support, advice and education to enhance your prescribed treatment.

## How can I attend?

If you require specialist advice/treatment you will be referred to the Service by your own GP for follow up treatment or support.

If you already have received a diagnosis from your GP you can self-refer to the Dermatology Specialist Nurse for further assistance.

The Nurse will see patients:

- At a clinic held at the Outpatients Department in Western Isles Hospital.
- Who are in-patients (those currently staying) in Western Isles Hospital.
- Who are staying in care homes.
- Within their own home, if required.

## Contact the Dermatology Specialist Nurse

You can contact the Dermatology Specialist Nurse if you have any concerns or:

- would like information about your skin condition
- have a question about your treatment
- are concerned about your symptoms
- need advice about your medication
- if you need further advice/support.

### Working hours:

9am-5pm Monday/Wednesday/Friday

### Telephone: 0797 620 2976

In the event that the Dermatology Specialist Nurse is unavailable, please listen to her answer-machine message. If leaving a message, please state your name and contact telephone number clearly, and she will contact you at her earliest convenience.

### Email: [angela.woodley@nhs.scot](mailto:angela.woodley@nhs.scot)

You can refer yourself to the Dermatology Specialist Nurse Service using the above contact details.