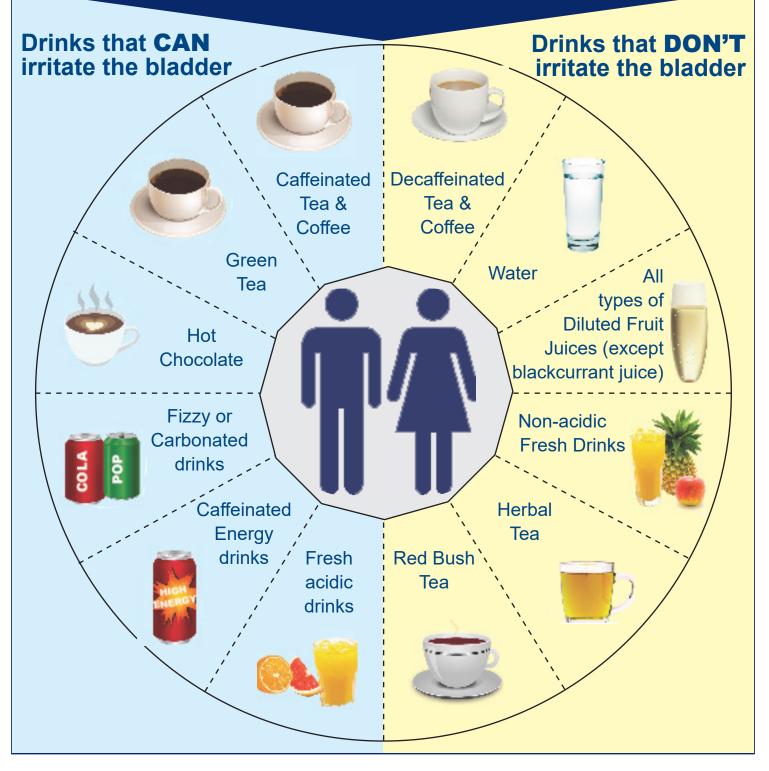




Drinking for a healthy bladder



Further help and information

If you wish to discuss your continence, please contact Rosemary MacRitchie, Clinical Nurse Specialist Tissue Viability/Continence Advisor, tel. 01851 763302 or email: rosemary.macritchie@nhs.scot In the first instance please contact by email, if possible.

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