

Painting for Doddie

BY LAUREN GILMOUR

AN ARTIST who paints with his mouth after a diving accident is raising funds for Doddie Weir's charity.

Henry Fraser, 30, created his own take on the Doddie's Tartan to fund vital research into motor neurone disease.

He says the piece embodies what it means to "turn life's hardships on their head".

The former rugby player was paralysed from the shoulders down in 2009



ART'S SAKE Henry Fraser has been inspired by Doddie Weir's fight against MND

and rekindled a love for art in 2015 after learning to paint with his mouth.

He sees ex-Scotland rugby international Doddie as "a huge inspiration."

Henry has now created

hundreds of designs, including sports people, animals and landscapes.

Prints of the tartan painting can be bought via frameuk.net/product/henry-fraser

HEALTH HEROES UP SPECIAL TREATMENT FOR AWARDS ON OUR BIG NIGHT



BY MAGGIE RITCHIE

WE'VE never appreciated our amazing nurses so much as during these last two years, when they have been at the frontline of patient care during the pandemic.

Many of them have selflessly worked longer hours, gone above and beyond, and taken on new roles.

Linda McGinn is one of those who stepped up, organising a hub in Ayr to provide urgent medical supplies to children with special needs.

The 58-year-old is a finalist for the Nurse Award in the 2022 Scottish Health Awards, run by the Daily Record in partnership with NHS Scotland to celebrate the hard work and dedication of the health and social care services.

Senior school nurse Diane Irvine, who nominated Linda, said: "Her work is exemplary. Linda never says no and always does her best to support young children and their families in her caseload, especially those with special needs."

When Covid meant schools closed, Linda organised the North Ayr hub in NHS Ayrshire & Arran for parents of special needs children to collect supplies, making sure it was well stocked and organising deliveries to vulnerable families who needed to isolate.

She also volunteered to administer Covid vaccines to staff, as well as continuing to keep up with children's regular immunisations.

"Parent feedback has been very positive. Linda has been an asset to the school nursing team, especially in times of crisis," added Diane.

Linda, who has since been promoted to immunisation coordinator for South Ayrshire, said: "I was so taken aback when I heard I had been nominated – it's been a lovely surprise to reach the finals."

"The hub has been a huge success as it is more convenient and quicker for parents and carers to access essential supplies. It has also saved the NHS money because we can order the supplies we need and none of them are wasted by going out of date."

Another finalist is Ewan Pow who is 23 but has already helped many patients and staff in his role as a clinical support worker in NHS Lothian.

Ewan, who was recruited at the start of the pandemic while studying full time for a degree in Medical Science at Edinburgh University, is up for the Young Achiever Award in the Scottish Health Awards.

Following a stint at a care centre for



LINDA MCGINN



FIONA MacKENZIE

SURPRISED Both Linda and Fiona were delighted to be nominated for their efforts during the Covid pandemic

We meet workers who have been nominated for going above and beyond to ensure the Scottish public and the Health Service were able to handle the Covid virus pandemic that struck the country just two years ago

the elderly, Ewan undertook shifts at the accident and emergency department in the Royal Infirmary of Edinburgh, as well as training to be a Covid vaccinator.

And last year he successfully applied to Aberdeen University's Medical School where he is currently studying.

Ewan, from Moffat, is also a member of the Young Scot health panel, representing and advocating for young people's needs in healthcare.

He was involved in the vaccine rollout by appearing on the radio with the National Clinical Director Jason Leitch.

Recently, Ewan was appointed by the Scottish Government to the board of directors of Public Health Scotland,

becoming the youngest person to ever be appointed to a health board.

"Working for the NHS during the pandemic gave me the focus I needed to apply for medical school. I worked with a great group of dedicated people and the RIE A&E department was an amazing place to work. I hope to go back there once I've qualified."

"I'm absolutely delighted to have reached the finals in the health awards. I've worked with so many incredible people and it's wonderful to be recognised along with my peers."

Dr Fiona MacKenzie took up a crucial role co-ordinating Covid testing in Scotland during a critical time.

A finalist in the Leader of the Year category, she is scientific manager of the Scottish Microbiology & Virology Network (SMVN), and is based at Aberdeen Royal Infirmary, NHS Grampian.

She linked the microbiology labs of all 14 health boards in Scotland under one group.

Before the pandemic, Fiona had already established a network she had built over the years. Once the pandemic hit, this network became the core of the NHS's diagnostic response to Covid.

Fiona continues to sit on most of the country's national testing groups and chairs the SMVN, which still meets weekly to discuss the most recent requirements to

combat Covid, including PCR testing.

She said: "Everyone in the NHS worked extremely hard and at a fast pace during the pandemic, but the hidden heroes the public doesn't hear about much

are the microbiology and virology teams, who are the Cinderella services working behind the scenes. Few people know laboratory tests underpin 80 per cent of all clinical diagnoses. During the pandemic, these services became more visible.

"I'm humbled that one of my colleagues has found the time to nominate me. We are all one massive team and I'm pleased my nomination will highlight what we do in laboratory medicine."

The finalists in the 16 categories of the Scottish Health Awards are being announced today and the winners will be revealed at the O2 Academy, Edinburgh, on November 3.

For info, visit scottishhealthawards.com.

EWAN POW

DELIGHTED Ewan has used his time working in A&E to develop and progress with the NHS

THE FINALISTS

ALLIED HEALTH PROFESSIONAL AWARD sponsored by Robert Gordon University

Mhairi Burke, NHS Greater Glasgow & Clyde
Shuna Mighton, NHS Western Isles
Karen Robertson, NHS Dumfries & Galloway

CARE FOR MENTAL HEALTH AWARD

Lanarkshire Care Home Wellbeing Group, NHS Lanarkshire
Psychological Medicine, Royal Infirmary of Edinburgh, NHS Lothian
Trauma Informed Cervical Screening Project Team, NHS Forth Valley

DOCTOR AWARD

Dr Ernest Akrong, NHS Orkney
Dr Sinead Bradshaw, NHS Lothian
Dr Balasubramaniam Vijayan, NHS Grampian

GLOBAL CITIZENSHIP AWARD

Ishbel Campbell, NHS Lothian
Andrew Kent, NHS Highland
Robert Stewart, NHS Lothian

INNOVATION AWARD sponsored by School of Health Sciences, University of Dundee

RCDS, NHS Fife
HorseBack UK, The Big Journey, NHS Grampian
Rory Munro, NHS Highland

INTEGRATED CARE AWARD

South Lanarkshire Health and Social Care Partnership: Home First, NHS Lanarkshire
Penumbra Mental Health - Milestone ARBD, NHS Lothian
Roswell House, NHS Grampian

LEADER OF THE YEAR AWARD sponsored by NHS Education for Scotland

Morag Curnow, NHS Tayside
Fiona MacKenzie, NHS Grampian
Jan Thomson, NHS Ayrshire & Arran

MIDWIFE AWARD sponsored by Royal College of Midwives

Birth at Home Team, NHS Fife
Vicky Blair, NHS Lothian
Anna Campbell, NHS Dumfries & Galloway

NURSE AWARD sponsored by UNISON Greater Glasgow & Clyde

Linda McGinn, NHS

Ayrshire & Arran
Isobel McLucas, NHS Greater Glasgow & Clyde

PEOPLE'S CHOICE AWARD sponsored by Alpha Solway

Arrochar GP Surgery Team, NHS Highland
Carol Rattray, NHS Lanarkshire

MacGillivray, NHS Greater Glasgow & Clyde

CILS Dundee, NHS Tayside
Gemma Lawson, NHS Fife
Virtual Ward Team - Western Isles
Hospital at Home, NHS Western Isles

SUPPORT WORKER AWARD sponsored by UNISON Lothian

Michael Grogan, NHS Tayside
Tammie Jamieson, NHS Dumfries & Galloway
Margaret Sloan, NHS Tayside

TACKLING HEALTH INEQUALITIES AWARD sponsored by Scottish Government

Amma Birth Companions, NHS Greater Glasgow & Clyde
Cyrenians Hospital In-reach Team, NHS Lothian

Navigator Scotland (Medics Against Violence), NHS Greater Glasgow & Clyde

TOP TEAM AWARD sponsored by UNISON Scotland Health Committee

Arrochar GP Surgery Team, NHS Highland
Covid and Flu National Vaccination Programme Team, Scottish Government Partnership
Virtual Ward Team - Western Isles
Hospital at Home, NHS Western Isles

UNsung HERO

Laic Khalique, NHS Tayside
Chris Purnell, Scottish Ambulance Service
Margaret Sloan, NHS Tayside

VOLUNTEERS AWARD

Amma Birth Companions, NHS Greater Glasgow & Clyde
Jimmy Grieve, NHS Lanarkshire
Kidney Research UK: Scottish Peer Educator Team, NHS Greater Glasgow & Clyde

YOUNG ACHIEVER AWARD

Craig McGregor, NHS Greater Glasgow & Clyde
Ewan Pow, NHS Lothian
Thomas Valentine, Scottish Ambulance Service

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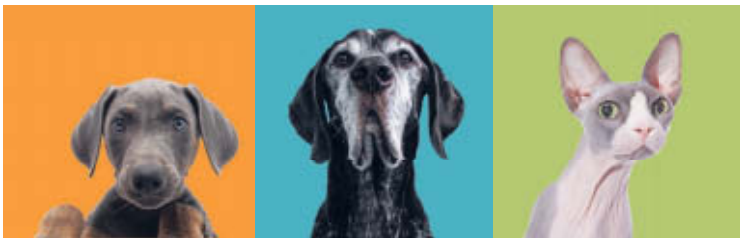
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