



Bòrd SSN nan Eilean Siar  
NHS Western Isles

## Allied Health Professions (AHP) Student Information and Orientation Pack





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**Photographs:** Thank you to Sian Bamping and Gabriela Jakimowicz, Student Dietitians, for our cover photograph.

# Welcome to NHS Western Isles

We hope that you will enjoy your placement here in the Western Isles and that the placement will provide a valuable contribution to your learning.

This booklet has been prepared to guide you throughout the placement experience.

## What to expect from your placement

NHS Western Isles AHPs will strive to work in partnership with you and your university to provide you with a quality placement that will meet your learning outcomes.

The following principles will be followed:

- We will work towards meeting our responsibilities as outlined in the Practice Placement Agreement (PPA) between NHS Western Isles and your university and also the Quality Standards for Practice Placements (QSPP). See page 6 for more information on the PPA and the QSPP.
- You will be provided with appropriate supervision, assessment and feedback on your progress, depending on your experience and capabilities, in line with your university requirements.
- Your Practice Educator(s) will be suitably registered, experienced and prepared for their role of Practice Educator in line with PPA and QSPP requirements.
- Equality and Diversity legislation will be adhered to.
- You will be provided with a safe and supportive learning environment.
- Confidentiality, data protection legislation and GDPR will be adhered to in relation to your placement.
- You will have the opportunity early on in your placement to discuss your learning needs and will be provided with access to facilities and learning opportunities to allow you to achieve those learning outcomes.
- You will be provided with the name of an independent person that you can contact if you wish to raise concerns or discuss any difficulties with your practice placement.
- You will have the opportunity to evaluate your placement experience at the end of the placement using QSPP section 1 audit tool. You may also be invited to give qualitative feedback using a tool called Emotional Touchpoints.

## What students have said about the placement

When asked 'what were the placement opportunities?', students reported:

*"More chance to see how different clinicians work".*

*"See more conditions/ such a wide range of cases in one day – more specific areas within cities".*

*"More diverse range of patients and a longer contact time with them".*

When asked what they would recommended other students should include when in the Western Isles on placement, students reported:

*"Plan visits around the island to get familiar with the island - consider bringing a car".*

*"Get to see the way people live – i.e. more relaxed".*

*"Lots of travel around island – beautiful".*

*"Good - different from city placement".*

Other student comments:

*"I felt trusted because I was given the opportunity to work with patients and empowered to make clinical decisions".*

*"I felt involved and very welcomed".*

# Student Responsibilities

To ensure that you get as much out of the placement as possible we have listed the following student responsibilities which you are expected to meet whilst on placement:

- If you are unwell and unable to come to work please let your Practice Educator know before 9.15am. Telephone the hospital switchboard on 01851 704704 and ask to be put through to your relevant department.

## Useful contact numbers if unwell:-

NHS24	Freephone 111
GP services - Group Practice	01851 703145
GP services - Broadbay Medical Practice	01851 703588
Boots Chemist	01851 703131
KJ Macdonald Pharmacy	01851 701769
Dentist - Western Isles Dental Centre	01851 707500
Dentist - Castlevieview Dental Practice	01851 704400
The Emergency Department is based in the Western Isles Hospital	

- Adhere to the Health Care Professions Council (HCPC) Guidance on Conduct and Ethics for Students. You are expected to maintain professional conduct at all times, including outwith placement hours. <https://www.hcpc-uk.org/>
- We encourage and support people to raise any issues or adjustments that they may require to safely practice and learn to their full potential. This helps us to support you in your learning during your practice-based learning experience.

PRE-PLACEMENT: Please let your Practice Educator know in advance of arriving for your practice-based learning if there are any adjustments required in terms of your health or learning requirements to help you participate to your full potential.

- Take responsibility for your own learning on placement.
- We welcome all feedback of your placement experience. It helps us know what we are doing right and what we need to work on to improve the quality of our placements.
- If you have any concerns about your placement, please raise them with the appropriate person.
- You have a responsibility to inform us if you have a recent conviction which is not reflected in your Disclosure/Criminal Record Check.
- Adhere to all the policies and training relevant to placement that you have been given both at university and at your induction here e.g. IT policy, Confidentiality, Data Protection, GDPR, HR policies, Child Protection, Adult Protection, Policy for Consent to Examination or Treatment, Moving and Handling, Violence and Aggression, Health and Safety (including Infection Control), Food Hygiene (if relevant to profession), Basic Life Support, Communication Strategy and Social Media Policy, Drugs and Alcohol policy, and Driving Policy.
- In partnership with your Practice Educator ensure that patients and/or carers have given their informed consent before you provide them with any assessment or intervention.
- At the end of your placement return any library books/resources borrowed from NHS Western Isles, and if appropriate, settle any accounts in relation to your accommodation.

# AHP Practice-based Learning Partnership Agreements

Information about the Practice-based Learning (PrBL) Agreements can be accessed at:

<http://www.knowledge.scot.nhs.uk/ahppe/practice-placements.aspx>

NHS Western Isles will have entered into an agreement with your university. Please ask your Practice Educator, Placement Coordinator or AHP Practice Education Lead to show you the agreement if you wish to see it.

## Quality Standards for Practice Placements

NHS Education for Scotland (NES) have introduced Quality Standards for Practice Placements.

Information about the Standards can be accessed on the NES website at:

<http://www.knowledge.scot.nhs.uk/ahppe/practice-placements.aspx>

NHS Western Isles in common with other health boards have started auditing their placements against the Standard. You will be expected to complete section 1 as part of your placement evaluation.

## Pre-placement information supplied by NHS Western Isles

In line with the Practice Placement Agreement (PPA) between NHS Western Isles and your university, we have agreed to provide you with the following information to make it easier for you to orientate yourself to the placement.

- Location of placement and learning experience.
- Placement profile and available learning opportunities.
- Pre-placement reading.
- Key contacts, site specific information.
- Uniform requirements.
- Hours of attendance.
- AHP manager.
- Placement Coordinator.

After you have been accepted for placement, you will be provided with the following information which is specific to your placement:

- Name of your Practice Educator.
- Name of a senior AHP that you can contact if you wish to raise concerns or discuss any difficulties that you have with your practice placement.

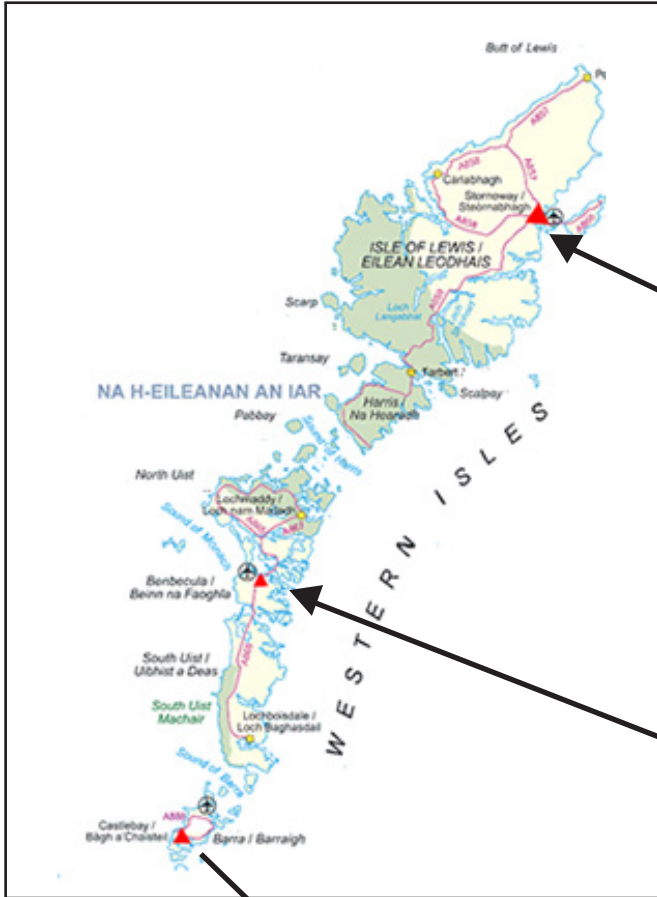
Please see Appendix 1 for information relevant to your profession.

## Information on NHS Western Isles

NHS Western Isles is the Health Board serving the Western Isles which is a group of islands 130 miles long and located 40 miles off the north west coast of Scotland. It is responsible for providing healthcare to the 26,500 residents of the Western Isles.

The Board has three hospitals (see below). For further information about NHS Western Isles including its mission statement and purpose visit:

Website: [www.wihb.scot.nhs.uk/](http://www.wihb.scot.nhs.uk/)  
Facebook: [www.facebook.com/NHSWesternIsles?ref=hl](https://www.facebook.com/NHSWesternIsles?ref=hl)  
Twitter: <https://twitter.com/NHSWI>



The Western Isles Hospital (*Ospadal nan Eilean*) is the main hospital, and is based in Stornoway on the Isle of Lewis.

It was opened in 1992 and has 98 beds. It provides General Psychiatry, Psychiatry of Old Age, Integrated Medical Unit (general medicine and geriatric medicine), General Surgery, Anaesthetics, Orthopaedics, Obstetrics and Gynaecology.

NHS Western Isles also has visiting consultants, and regularly refers patients to specialist mainland facilities, usually in Inverness and Glasgow.

Ospadal Uibhist agus Barraigh (Uist and Barra Hospital) is located in Benbecula, and was opened in 2001.

The hospital has 21 beds, and provides care of the elderly, GP Acute and Midwifery led maternity services.

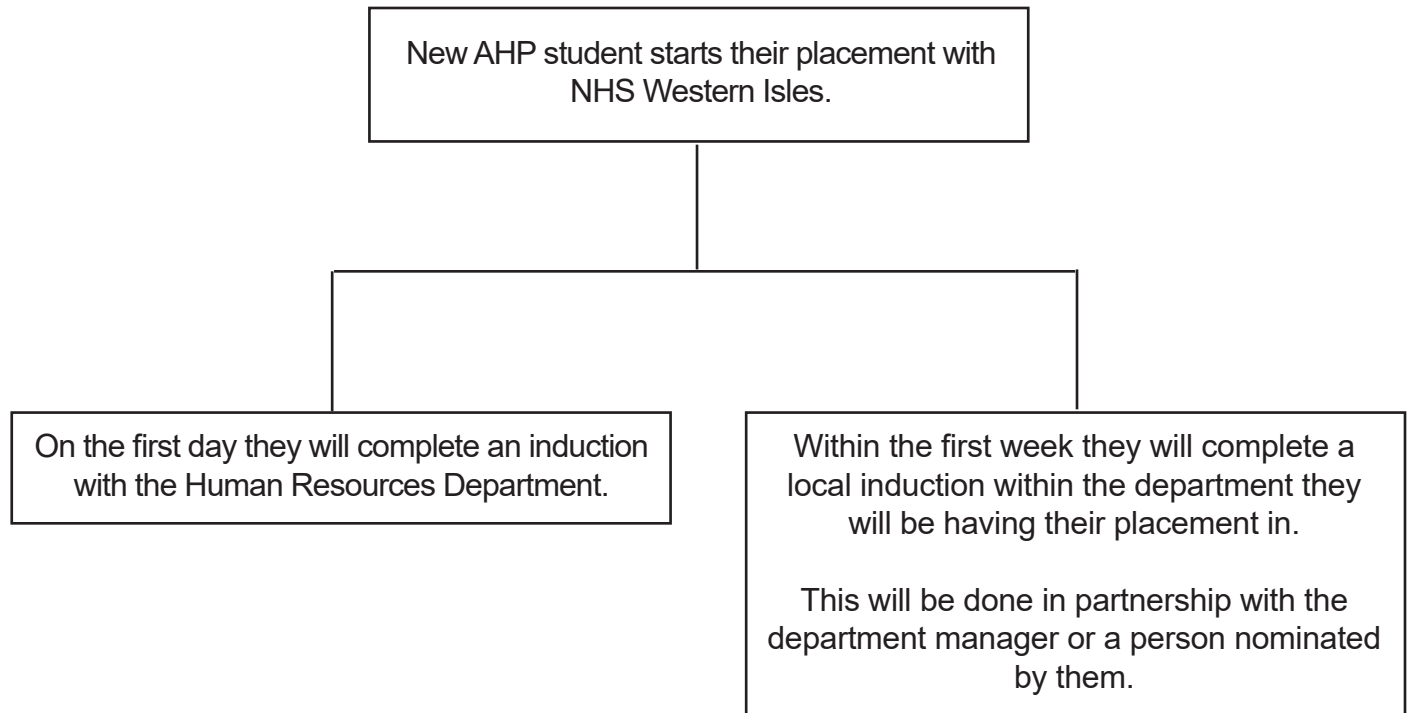
Many of the Consultants from the Western Isles Hospital, and some from mainland Health Boards, visit the Uist and Barra Hospital to provide outpatient services.

St Brendan's Hospital, with 5 beds, is located in Castlebay on the Isle of Barra. It is in a shared building with a local authority care home facility.

Allied Health Professionals (AHPs) services consisting of Physiotherapy, Radiography, Podiatry, Speech and Language Therapy, Occupational Therapy and Dietetics, are located in the Western Isles Hospital. All the AHP services are also based in the Uist and Barra Hospital apart from Dietetics, who provide a remote service.



# Induction



# Travel and Accommodation

## When to arrive

**Western Isles Practice Educators (PE) have agreed in principle that students can travel to their placement on a Monday, as there are more travel choices that day.** Shops and other services are very limited on Sundays and this has caused students problems in the past. However, you will have to make up the clinical hours lost if you do not arrive until Monday.

**Before starting your placement**, please ensure that you have reached an agreement with your PE about your arrival date/day.

If it is agreed that you can travel to the placement on the Monday, agree how and when you will make up your clinical hours. Also let the PE know what time you will be arriving on the Monday so that someone is available to welcome you (if it is within normal working hours).

## How to get here

You can travel to the Western Isles by ferry or plane (see below for details). Ferry travel is usually cheaper but takes longer.

### Ferry

The ferry to Stornoway leaves from Ullapool, and provides a twice daily sailing. Please check the Caledonian MacBrayne website for details: [www.calmac.co.uk](http://www.calmac.co.uk)

There is also a sailing from Uig on the Isle of Skye to Tarbert on the Isle of Harris (same website). If you are taking your car with you on placement you will need to book the car on the ferry beforehand to ensure that you will get on to the ferry. Foot passengers normally do not have to book. The ferry terminal at Stornoway is approximately one mile from the hospital.

If you need to stay in Ullapool overnight you can get information about accommodation on the Visit Scotland website: [www.visitscotland.com/accommodation](http://www.visitscotland.com/accommodation)

One bus company, Citylink, connects with the sailing from Ullapool and leaves from Inverness Bus Station. Please check their website for details: [www.citylink.co.uk](http://www.citylink.co.uk) The bus gets booked up at busy times, and it is advisable to book at least 48 hours in advance.

### Plane

There are direct flights available to Stornoway from Glasgow, Edinburgh and Inverness airports. Plane ticket prices can vary a lot, so if you are travelling by plane research your options to ensure that you get the best deal. It is usually cheaper to book flights in advance.

Please make sure that you confirm details of your placement before booking though, as you may not be able to get all of your money back if you need to change or cancel your flights.

If travelling by plane you will only be able to take a limited weight of luggage, so you may have to be selective about the clothes and books you bring. See the flight company websites for details.

For flight information and the bus services that connects the airport to the town visit the Stornoway Airport website at: <https://www.hial.co.uk/stornoway-airport/>

Stornoway Airport is approximately four miles from the hospital.

### Western Isles Bus Services

Information on travel including local bus services can be accessed through the Comhairle nan Eilean Siar website: <https://www.cne-siar.gov.uk/roads-travel-and-parking/public-transport/>

### Taxi Services

Associated Taxis & Couriers	01851 701111
Castle Cabs	01851 705525
Hebridean Taxis	01851 702708
Long Isle Taxis & Private Hire	01851 701001
Quickcab	01851 701234
Top Cab	01851 701177

### Map of the Western Isles

If you need a map of Stornoway, you can access one online at: <http://maps.google.com> or [www.multimap.com](http://www.multimap.com)

The Western Isles Hospital is situated on the A857 road.



Above: Joleen Schmiot and Helen Macdonough, Speech and Language Therapy students.

## Accommodation Register for AHP Students

	Contact details	Accommodation type	cost
<p><b>Staff Residence</b></p> <p>Cearn Lacasdail (Laxdale Court) Stornoway Isle of Lewis HS2 ODS</p>	<p>Accommodation is usually booked through your placement co-coordinator.</p> <p>Your name, address and contact number have to be provided.</p> <p>Book your accommodation by contacting either:</p> <p>marinamaclean@nhs.net or tel. 01851 708136</p> <p>joanchisholm1@nhs.net or tel. 01851 708138</p> <p>Early application for accommodation is encouraged to help secure the most appropriate flat for you as a student to stay in, for example, a flat which has a sitting room to help you get to know other residents.</p>	<p>Staff accommodation.</p> <p>The Accommodation complex is a short five minute walk out with the Western Isles Hospital grounds. Single accommodation consists of individual bedrooms, within shared flats and houses. Married accommodation comprises three bed roomed self-contained houses</p> <p>The flats are fully furnished, with a kitchen, toilet, bathroom and sitting room. The kitchen has utensils, crockery, washing machine, microwave etc. We also provide all bedding and towels, iron and ironing board.</p> <p>The rooms are serviced when there is a change of occupancy, however we launder the bed linen and towels every week, if the occupant leaves the linen outside the bedroom door for the Domestic Assistant to collect. Clean linen is provided in the linen cupboard within each flat.</p> <p>We do not provide television sets as we don't have a licence for these flats.</p> <p>Free WI-FI internet access is installed in the Staff Residence. It is a separate internet link to the hospital therefore access to social networking is not blocked. It is password protected but the security key will be given out to residents by Hotel Services. Car parking spaces are available at the complex, along with sheds for the storage of bicycles.</p>	<p>The cost for each nights accommodation is £10 for students.</p> <p>Students who are staying for more than a month have to pay a deposit when they collect their key. (If they arrive on Saturday or Sunday they have to do this on the Monday or Tuesday instead). They can pay by card as well as cash/cheques. The deposit is equal to a months rent in advance.</p> <p>Students who are staying for less than a month have to pay the full amount when they collect their keys.</p> <p>Accommodation keys are picked up from the hospital reception. If the keys aren't there, the receptionist can contact hotel services on behalf of the students. There is always someone on call, including at weekends.</p>

<b>Bridge Centre Accommodation</b>	<p>Marion E. Macleod          Bridge Centre Manager          1 Lamont Lane          Bayhead          Stornoway          Isle of Lewis          HS1 2EB</p> <p>Tel: 01851 705808          Email:  <a href="mailto:info.bridgecentre@btconnect.com">info.bridgecentre@btconnect.com</a></p> <p>Email for information pack.</p>	<p>Student accommodation for UHI students, but there may be rooms available to let.</p> <p>Bedroom with en-suite facilities and internet access (need own cable); shared room incorporating kitchen/dining/lounge with TV (shared between 5 rooms).</p> <p>Bring own towels; but bed linen is provided (student will be responsible for ongoing laundry).</p> <p>Laundry facilities available.</p>	<p>Please apply to the Bridge Centre manager for current accommodation costs.</p>
<b>Western Isles Tourist Board</b>	<p>Stornoway Tourist Information Centre          26 Cromwell Street          Stornoway          Isle of Lewis HS1 2DD          Telephone: 01851 703088  <a href="http://www.visithebrides.com/wheretostay/">www.visithebrides.com/wheretostay/</a></p>	<p>Register of Accommodation e.g. bed and breakfast, guest house, self catering.</p>	<p>Varies</p>

There is also some other accommodation available from time to time. Please contact your Placement Coordinator if you are unable to get accommodation through the sources above (see appendix for contact details).

## Travel and Accommodation Expenses

AHP students on placement **will** be able to claim for travel and accommodation expenses from the Students Award Agency for Scotland (SAAS). Information about this can be accessed on the SAAS website: [www.saas.gov.uk/\\_forms/ab24.pdf](http://www.saas.gov.uk/_forms/ab24.pdf)

### Other Funding

SAAS also has a link to other sources of funding which students may be eligible for. Please visit: [www.saas.gov.uk/\\_forms/funding\\_guide.pdf](http://www.saas.gov.uk/_forms/funding_guide.pdf)

# Resources: Library and Computer Access

## NHS Western Isles Library Service

The NHS Western Isles Library Service covers all of the Western Isles. The Library is located in the Education Unit of the Western Isles Hospital. The Education Unit is also home to student nurses enrolled with the University of the Highlands and Islands.

To use the service you must be a member of the Library. Library membership is free and is open to all NHS WI staff and affiliated students. To become a member please read the rules and regulations and complete an application form at:

<http://wihbwebhtml.wi.scot.nhs.uk/LibraryKN/libraryservice.html>

The WIH Library is open 24 hours a day, seven days a week and is accessed by a keypad system and secured by CCTV. Books (a maximum of five per reader at any one time) may be borrowed using the self-service barcode reader system. All books should be returned to the red metal security bin located outside the main library door. A fining system is in operation for overdue and lost items.

The WIH Library has eight networked computers which can be accessed using your personal login issued to you by the IT department. There is a printer/copier in the library which also has a scanning facility.

Library members are encouraged to use the licensed online resources available through The Knowledge Network where necessary: [www.knowledge.scot.nhs.uk/home.aspx](http://www.knowledge.scot.nhs.uk/home.aspx) The Knowledge Network's subscription electronic resources are accessed with an ATHENS username and password.

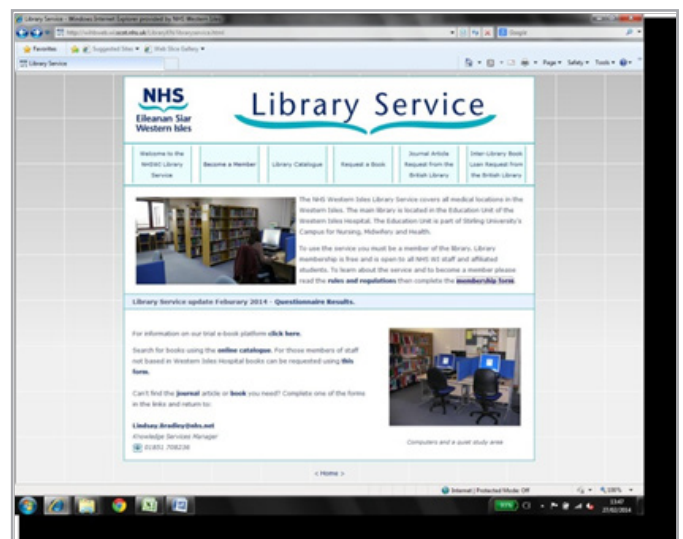
To see what library books are available and to find their location, members are directed to the online catalogue database. This catalogue can be accessed through the intranet at:

<http://wihbwebhtml/Library/Catalogue.asp>

For all library and related enquiries please contact:

Lindsay Bradley  
Knowledge Services Manager  
Western Isles Hospital Library  
Tel. 01851 708236  
Email: [Lindsay.Bradley@nhs.net](mailto:Lindsay.Bradley@nhs.net)

*Up to date information is available on the intranet*



## University Library

You should be able to access your own University Library whilst you are on placement. Please advise them that you need your books to be sent by post, so that they can allow extra time for the loan period.

If you experience difficulty accessing books through the University Library whilst on placement please let your Practice Educator and the AHP PEL know so that we can try and resolve any issues. For AHP PEL contact details see back of booklet.

## Health Information & Resources Service (HIRS)

The Health Information & Resources Service is located within Stornoway Health Centre on Springfield Road, Stornoway.

HIRS offers a wide range of health related materials, available free of charge to those living and working within the Western Isles. Information and materials consist of teaching aids, books, charts, models, course/conference equipment, and complement work in many settings. There are two public access computers also available for use at HIRS.

For further information visit: <https://www.wihb.scot.nhs.uk/health-promotion-health-improvement-services-health-information-resources-service/>

## Stornoway Public Library

The Stornoway Public Library is situated on Cromwell Street in Stornoway.

Further information can be accessed at: <https://www.cne-siar.gov.uk/library/>

# Outside Work

## Eating and Shopping

The following is just a small selection of some of the services that are available. It is not exhaustive and it only covers Stornoway – there's a lot more available throughout the Western Isles.

### Hospital Canteen

Meals are available in the hospital canteen on level 1; it is open from 8am-11am for breakfast, 12pm-1.45pm for lunch, 5pm-6.45pm for dinner and in between times for snacks and take-away service.

### Shops

Some key information:

- **Most shops are not open on Sunday** – remember to stock up on Saturday! Engebrets Filling Station on Sandwick Road is open for a limited time on Sundays for petrol and other provisions. Blackhouse Bakery at Plasterfield is also open for a period on Sundays for baking and provisions.
- There are lots of shops which sell food products in Stornoway. The following are the closest to the hospital: the Co-op superstore on Macaulay Road is the nearest to the hospital (5 minutes walk) and is open late; Charles Macleod (butcher shop) and Spar (petrol/general groceries). These shops are close to the Coop at the junction of Macaulay Road and Matheson Road. The main Post Office is located on Frances Street.
- Clothes shops are not as plentiful as on the mainland but there are a few - explore to see what you can find.
- There is a producers market on Saturday morning on Cromwell Street, Stornoway.
- Chemists: KD Macdonald and Boots are both situated on Cromwell Street, Stornoway.
- Banks available include Bank of Scotland, Royal Bank of Scotland, Clydesdale Bank and Lloyds TSB. Your nearest cashline is at the Co-op superstore.

### Places to Eat

Cafes: Visit: <https://www.visitouterhebrides.co.uk/food-and-drink/restaurants-cafes-and-bars> or [Trip Advisor](#).

Restaurants: Visit: <https://www.visitouterhebrides.co.uk/food-and-drink/restaurants-cafes-and-bars> or [Trip Advisor](#).

Takeaways: fish and chip shops, Thai, Chinese, Indian, Malaysian, pizza, kebabs.

## Socialising in the Western Isles

The Western Isles offers you a quality student placement within a unique island environment, where there are lots of fun activities to enjoy in your spare time.



These range from walking, wildlife, sailing, cycling, gaelic, music, culture, film, golf, fishing, surfing, kayaking, theatre, dancing of all sorts, ceilidhs, concerts, pubs, clubs, swimming, sports, gym, church...

### **Useful Links**

- Visit Hebrides (tourist info) - [www.visithebrides.com](http://www.visithebrides.com)
- An Lanntair Arts Centre - [www.lanntair.com](http://www.lanntair.com)
- Comhairle nan Eilean Siar - [www.cne-siar.gov.uk/leisure-sport-and-culture/hebridean-web-directory/](http://www.cne-siar.gov.uk/leisure-sport-and-culture/hebridean-web-directory/)

The above is just a taster of what is on offer.

### **Other Students**

To help you develop and enjoy your social life in the Western Isles, your Placement Coordinator can introduce you to other departments which have students. Please ask if you are interested in this.

# Other Placement Support

## Student Support

Sometimes things happen on placement which were not anticipated and you may need guidance or support to enable you to address them. Below are some of the support mechanisms that are in place.

Please do not hesitate to ask for help, raise concerns or inform us of anything which you feel needs to be addressed even if they are not covered in the following information.

### Support from your University

They have a duty to support you before, during and after your practice placement.

### NHS Western Isles

As well as having a Practice Educator[s] who will guide you throughout your placement you will also have a Placement Coordinator and a named senior member of staff whom you can consult if you need to discuss any issues that arise, have concerns or wish to make a complaint.

You can also get in touch with Confidential Contacts. Information about their role and who they are can be found on the Intranet: <http://wihbwebhtml.wi.scot.nhs.uk/KSF/cc.html>

### Chaplaincy Services

Students, like all staff, can access support services, which are provided by the Chaplaincy Department. The services, available to everyone, regardless of faith, include:

- Pastoral Spiritual Care
- Pastoral Religious Care
- Counselling
- Active Listening Service
- Sanctuary
- Sacramental & Marriage Services
- Advice on Equality & Diversity Matters
- Confidential Listening
- Funeral and Memorial Services

Referrals are either through other healthcare professions or personal referral direct to the department.

To contact the Chaplaincy Services tel. 01851 704704 ext 2408 (during normal office hours). Outside of office hours contact the service through Western Isles Hospital Reception for the 24/7 On-call Chaplain.

## AHP Practice Education Lead Role [AHP PEL]

The AHP PEL role is funded by NHS Education for Scotland [NES] to support practice based education. More information about how NES support learning in the workplace can be found at: [www.nes.scot.nhs.uk/education-and-training/by-discipline/allied-health-professions/supporting-learning-in-the-workplace.aspx](http://www.nes.scot.nhs.uk/education-and-training/by-discipline/allied-health-professions/supporting-learning-in-the-workplace.aspx)

There is also information available on the knowledge network site including information about the AHP PEL role and about student placements <http://www.knowledge.scot.nhs.uk/ahppe.aspx>

Part of the work undertaken by the AHP PEL is around AHP Practice Placements and currently aims to support the Practice Educators and the students that they have on placement. Examples of what is happening include:

- working towards meeting NHS Western Isles obligations under the Practice-based Learning [PrBL] Agreements which we have with Robert Gordon University, Queen Margaret University and with Glasgow Caledonian University.
- finding out what the benefits and barriers are to students coming to the Western Isles on placement.
- facilitating training for Practice Educators.
- working collaboratively with Placement Coordinators, Practice Educators, students, Universities, NES and the NHS Western Isles to develop and deliver quality standards for practice placements.
- development of resources to support placements including a generic AHP Student Orientation Pack, a Practice Educator Handbook and a Placement Coordinator Handbook.
- promoting different models of practice placement provision.

The Western Isles AHP PEL works 15 hours split between Wednesday, Thursday and Friday.

If you would like to discuss general details about placements in the Western Isles please get in touch with the AHP PEL:

Laura O'Halloran  
AHP Practice Education Lead  
Rehabilitation Department  
Western Isles Hospital  
Macaulay Road  
Stornoway  
Isle of Lewis HS1 2AF

Email: [Laura.OHalloran@nhs.scot](mailto:Laura.OHalloran@nhs.scot)  
Telephone: 01851 704704 ext 2263  
01851 708263  
Mobile: 0777 081 4588

# Appendix - Social Media and Phones

## Mobile Phones, Social Media and Photography/Filming

Your university is expected to have advised you not to use your personal mobile phone on placement except during official rest breaks such as lunch-times when it is permitted. You are expected to adhere to this guidance.

There may be exceptions to this if you are expected to use your mobile phone for Teams communication and/or lone working, and will be guided to local departmental procedures by your Practice Educator.

If you cannot access it yourself, please ask your Placement Coordinator/Practice Educator for a copy of the NHS Western Isles 'Policy on the Personal Use of Social Media by Staff' which can be accessed on the Intranet.

For work purposes you will be given access to IT equipment and programmes appropriate to your placement needs by your Placement Coordinator/ Practice Educator. They will arrange this through the IT Department.

HCPC also has guidance on social media which is relevant to you as a student <http://www.hcpc-uk.org/registrants/socialmediaguidance/> Students are not permitted access to social media sites such as Facebook and Twitter during working hours, unless authorised for specific business purposes. Students must not post, send or promote any information that would be in breach of NHS Western Isles policies or standards; discredit services provided by NHS Western Isles; or discredit NHS Western Isles as an employer.

Any photographs and videos of patients/carers, inclusive of their accommodation (e.g. home), must require a consent form to have been completed in advance. Please note that verbal permission provided by a patient/carer is not sufficient. Consent forms can be accessed on the intranet via: <http://wihbweb.wi.scot.nhs.uk/index.php/wi-intranet/adminmenu/forms-main>

Students are reminded that photographs/videos must only be taken with advance permission of their Placement Coordinator and be relevant to their placement.

In addition the NHSWI Consent Policy states that no pictures can be taken of patients on personal phones.

# Appendix - Pre-placement information

## Dietetics

### Location of placement and learning experience

The placement will be based at the Western Isles Hospital, Stornoway. General medical, surgical, orthopaedics, obstetrics and psychiatric services are provided. Community clinics are held at the Western Isles Hospital and Harris. We hold a video-link clinic to Benbecula, North Uist and South Uist.

### Placement profile and available learning opportunities

Placements offered: we provide A and B placements.

Learning experience will be based on the peer assisted learning model. The students will be based at the Western Isles Hospital which will provide learning experiences across both primary and acute care settings.

### Key contacts, site specific information

Placement Coordinator:

Janet Mackenzie  
Specialist Dietitian  
Western Isles Hospital  
Stornoway  
Isle of Lewis HS1 2AF

Email: [Janet.mackenzie@nhs.scot](mailto:Janet.mackenzie@nhs.scot)

Tel. 01851 708279

Web: See the following website for further information:  
[www.rgu.ac.uk/scdp](http://www.rgu.ac.uk/scdp)

### Uniform requirements

Uniforms will be provided by the university. If not, uniforms for the placement can be issued at the beginning of the placement.

### Hours of attendance

Normally 9am-5pm.

### Key contacts

AHP Manager	Karen France
Placement Coordinator	Janet Mackenzie (see above)

The names of their Practice Educator(s) and Senior AHP to contact in case of complaint will be given to the individual student before placement.

# Appendix - Pre-placement information

## Occupational Therapy

### Location of placement and learning experience

OT Department  
Western Isles Hospital  
Macaulay Road  
Stornoway  
Isle of Lewis HS1 2AF

### OT in the Western Isles

We have an Integrated service across Health and the Local Authority based in Stornoway in the Western Isles Hospital and Western Isles Council offices. Our base in Benbecula is in the Western Isles Council offices in Balivanich.

We offer a wide range of services, e.g. Paediatric service; hospital based interventions in Elderly care, Orthopaedics, Surgical, Stroke Unit, Hand Therapy, Rheumatology and splinting; Community OT services including work on behalf of the Local Authority, Workplace Assessment and Rehabilitation; Mental Health; Community Equipment Service.

### Key contacts, site specific information

NHS Western Isles website: [www.wihb.scot.nhs.uk](http://www.wihb.scot.nhs.uk)

### Uniform requirements

Please come with your student uniform.

### Hours of attendance

8.30am-4.30pm.

### Key contacts

OT Manager  
Email: [sonja.smit@nhs.scot](mailto:sonja.smit@nhs.scot)  
Phone: 01851 822847

Placement Coordinator  
Liz Harty  
Email: [liz.harty@nhs.scot](mailto:liz.harty@nhs.scot)  
Phone: 01851 822 847

The names of their Practice Educator(s) and Senior AHP to contact in case of complaint will be given to the individual student before placement.

# Appendix - Pre-placement information

## Physiotherapy

### Location of placement and learning experience

The placement takes place in the Physiotherapy Department in the Western Isles Hospital MSK Outpatients Service.

Physiotherapy Department  
Western Isles Hospital  
Macaulay Road  
Stornoway  
Isle of Lewis HS1 2AF

### Placement profile and available learning opportunities

Physiotherapy provides physical assessment, treatment, rehabilitation and promotion of self management. The Physiotherapy Department aims to aid recovery, help reduce/eliminate pain, increase functional ability and promote healthier lifestyles/self management of long term conditions.

### Services

Outpatients (MSK), inpatients (orthopaedic, surgical, medical, long stay, maternity) paediatric, neurology, community, cardiac rehabilitation, pulmonary rehabilitation, and women's health.

### Clinical Caseload

A variety of conditions are referred to the department from GP practices, consultants, and the extended scope practitioner and from acute mainland hospitals. We also run a self-referral service. We treat acute, chronic, and post surgery patients. There may be the opportunity whilst on placement with us to spend time with the community physiotherapist or, if you wish, in any other area.

### Pre-placement reading

It will be helpful for you to revise neuro-musculoskeletal, assessment and treatment techniques, including revision of anatomy and normal movement. There are a few textbooks on site and internet accesses is available, but please feel free to bring any resource materials you may find useful.

You will develop your own caseload gaining competence in assessment and treatment of common musculoskeletal conditions. Time will be made available to discuss your progress. If you have any specific learning needs you feel it would be helpful to discuss prior to your placement, please let us know. If any problems arise whilst on placement, please discuss at an early stage with us.

### Site specific information

NHS Western Isles website: [www.wihb.scot.nhs.uk](http://www.wihb.scot.nhs.uk)

### Key contacts

Physiotherapy Manager  
Sheila Nicolson  
Email: [sheila.nicolson@nhs.scot](mailto:sheila.nicolson@nhs.scot)  
Tel. 01851 708291

Placement Coordinator  
Jenny Murray  
Email: [jenny.murray6@nhs.scot](mailto:jenny.murray6@nhs.scot)  
Tel. 01851 708258

The names of their Practice Educator(s) and the Senior AHP to contact in case of complaint will be given to the individual student before placement.

# Appendix - Pre-placement information

## Podiatry

### Location of placement and learning experience

Podiatry Department  
Western Isles Hospital  
Macaulay Road  
Stornoway  
Isle of Lewis HS1 2AF

### Placement profile and available learning opportunities

Clinics in operation include:

- Diabetic Assessment clinics
- High Risk/Ulcer clinics
- General clinics
- Nail surgery
- Biomechanical assessment
- Intensive treatment clinics
- New patient assessment clinics

### Site specific information

NHS Western Isles website: [www.wihb.scot.nhs.uk](http://www.wihb.scot.nhs.uk)

### Uniform requirements

We require all of our students to wear their University uniform which includes their Identification Badge.

### Hours of attendance

9am-5.20pm.

### Key contacts

Podiatry Manager  
Sarann Macphee  
Email: [sarann.macphee@nhs.scot](mailto:sarann.macphee@nhs.scot)  
Tel. 01851 708285

Placement Coordinator  
Cath Macquade  
Email: [catherine.mcquade@nhs.scot](mailto:catherine.mcquade@nhs.scot)

The names of their Practice Educator(s) and Senior AHP to contact in case of complaint will be given to the individual student before placement.



# Appendix - Pre-placement information

## Radiography

### Location of placement and learning experience

The placement takes place in the radiology department of the Western Isles Hospital. It is a remote and rural learning experience. Students will experience working with a wide variety of patients:

- GP patients
- Inpatients
- Emergency Department (ED)
- Outpatients

### Placement profile and available learning opportunities

The Radiology Department has a team of 9 radiographers, which includes 3 sonographers. Our department has a newly installed digital general x-ray room, a digital fluoroscopy room, 3 ultrasound units, DXA scanner, an OPT room, and a 64 slice CT scanner. There are lots of learning opportunities in all of these rooms, as well as out with the department doing portable x-rays and fluoroscopy work in theatre.

### Pre-placement reading

We ask all our students to send us a copy of their pre placement objectives two weeks in advance of coming to our department.

### Key contacts, site specific information

To find the X-Ray Department, enter the hospital main entrance, go to right of reception desk and follow signs to X-Ray Department. Turn right towards Out-patients, then take a left past Out-patients, then on your next left is the X-Ray Department.

On arrival a member of staff will direct you to the changing rooms and staff room where you will meet your Practice Educator Co-ordinator. They will introduce you to the Department and give a guided tour of the hospital. Shortly after, you will progress through the recommended, formal induction process.

### Uniform requirements

We require all of our students to wear their university uniform, which includes their identification badge and tld badge.

### Hours of attendance

Your hours of attendance whilst on placement will be Monday-Friday 9am to 5pm. You will be entitled to a one-hour lunch break and a break morning and afternoon.

### Key contacts

Jane Macdonald, Radiography Manager. Tel. 01851 708225. Email: [jane.macdonald6@nhs.scot](mailto:jane.macdonald6@nhs.scot)

### Placement Coordinators

Shuna Mighton. Email: [shuna.mighton@nhs.scot](mailto:shuna.mighton@nhs.scot)

The names of their Practice Educator(s) and Senior AHP to contact in case of complaint will be given to the individual student before placement.

# Appendix - Pre-placement information

## Speech and Language Therapy

### Location of placement and learning experience

Based in the Western Isles Hospital but the placement will be across hospital and community in a variety of settings, including schools, nurseries, patients' homes, nursing homes, wards, out-patient clinic.

### Placement profile and available learning opportunities

The Speech and Language Therapy Department delivers services for people in the Western Isles across all ages and client groups. The Department has two bases - one in Winfield Way in Balivanich, and the other in the Western Isles Hospital and staff work across the whole spectrum of skill and experience.

We provide general paediatric services but also have advanced practitioners working in additional support needs, autism, auditory processing and stammering across the life span. Our adult team provides services to people who have communication and/or swallowing difficulties as a result of stroke and neurological diseases, dementia, head and neck cancer and people with voice difficulties.

In the Western Isles you will have the opportunity to experience rural practice; observe and participate in therapy sessions for a large variety of client groups; see a number of therapists at work and therefore benefit from a wide and varied view of different approaches. You will also have the opportunity to be involved in multi disciplinary working by attending meetings and delivering programmes with colleagues in health and education to meet the needs of clients.

### Pre-placement reading

None specified unless individually advised.

### Site specific information

NHS Western Isles website: [www.wihb.scot.nhs.uk](http://www.wihb.scot.nhs.uk)

The Speech and Language Therapy department in the Western Isles hospital is in the rehabilitation corridor.

### Uniform requirements

Please bring any uniform supplied by the university for use on the wards. No uniform is required for paediatric work but smart casual dress is expected. No jeans.

### Hours of attendance

Monday-Friday 9am to 5pm - however this may vary depending on the therapist's timetable.

### Key contacts

Christine Lapsley, S&LT Manager. Tel. 01851 708225/07769932180. Email: [Christine.lapsley@nhs.scot](mailto:Christine.lapsley@nhs.scot)

### Placement Coordinators

Sarah Gerrard, S&LT. Tel. 01851 708280. Email: [sarah.gerrard@nhs.scot](mailto:sarah.gerrard@nhs.scot)

The names of their Practice Educator(s) and Senior AHP to contact in case of complaint will be given to the individual student before placement.

# Further Information

All questions and concerns should be addressed directly to the Placement Coordinator or AHP Practice Education Lead.

If you require further information, please contact:

Laura O'Halloran  
AHP Practice Education Lead  
Rehabilitation Department  
Western Isles Hospital  
Macaulay Road  
Stornoway HS1 2AF

Email: [Laura.OHalloran@nhs.scot](mailto:Laura.OHalloran@nhs.scot)  
Telephone: 01851 708263

## We are listening - how did we do?

We welcome your feedback, as it helps us evaluate the services we provide. If you would like to tell us about your experience:

- speak to a member of staff
- visit our website feedback section at: [www.wihb.scot.nhs.uk](http://www.wihb.scot.nhs.uk) or share your story at: [www.careopinion.org.uk](http://www.careopinion.org.uk) or 0800 122 31 35
- tel. 01851 708069 or 07814 071868 Monday-Friday between 9am-5.30pm.

Version: 7 Review Date: March 2023  
Produced by: Laura O'Halloran, AHP Practice Education Lead, Western Isles Hospital

### Disclaimer

No liability is accepted for misinterpretation. All information was correct at the time of publication.

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