

Interreg



North-West Europe

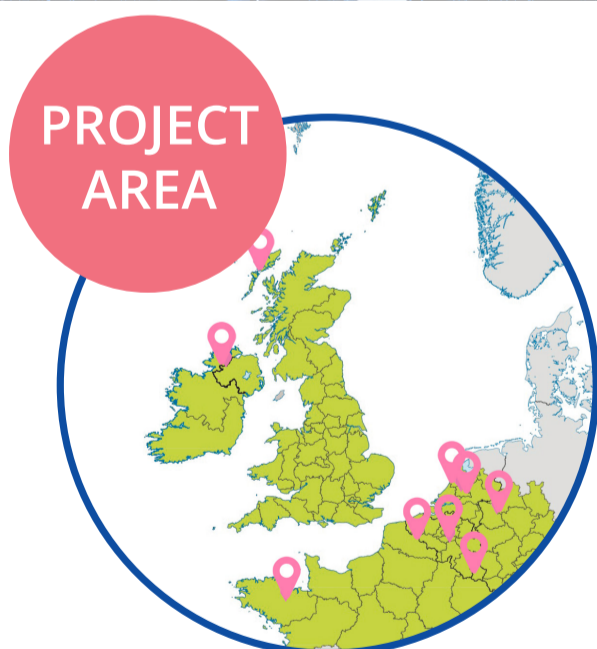
IT4ANXIETY

European Regional Development Fund

THEMATIC PRIORITY:



INNOVATION



PROJECT
AREA

Namur, BE - Bielefeld, DE - Lille & Saint-Brieuc, FR - Luxembourg, LU - Amsterdam & Groningen, NL - Isle of Lewis & Londonderry, UK

IT4Anxiety seeks to assist patients experiencing neurological disorders (e.g. Alzheimer's disease) or post-traumatic stress disorder manage their anxiety more effectively through the use of blended therapies and other validated interventions. The project focuses on:

1. Supporting the **co-creation** of innovative solutions, based on the **needs of mental health users**, families and professionals in the field of mental health;
2. Developing the **competence and confidence** of the mental health users and professionals;
3. Assisting the implementation of the best solutions to ensure long-term **sustainability**.

This **partnership comprises** start-ups, Information Technology companies, mental health institutions, research centres, mental health users' and families' associations, psychiatric hospitals, universities and public authorities.

Total budget received from Interreg North-West Europe (2019-2023):

€3.77 million of ERDF

Total project budget:
€6.29 million

www.nweurope.eu/it4anxiety

