

Patient goals

For total hip and total knee replacement:

- ✓ Get in and out of bed by yourself.
- ✓ Pain is controlled with pills.
- ✓ Get to the bathroom with little or no help.
- ✓ Wash and dress yourself with minimal help.
- ✓ Walk 100 feet with the use of walking aids.
- ✓ Climb and descend stairs.
- ✓ Review and finalise arrangements to return home.

Patient Satisfaction Survey

NHS Western Isles is looking to gather your views and hear about your experience of the Surgical Pre-Admission Clinic.

We would like to hear about what has worked well and what could be improved upon.

The information you provide will be used to inform service improvements and delivery of a quality patient experience.

We are not collecting any patient identifiable data and the survey is completely anonymised.

Take part in the survey at:

www.surveymonkey.co.uk/r/8YV2S23

Further information

For further information please contact:

Surgical Pre-Admission Clinic
Western Isles Hospital
Macaulay Road
Stornoway
Isle of Lewis
HS1 2AF

Tel. 01851 708143
www.wihb.scot.nhs.uk

We are listening - how did we do?

We welcome your feedback, as it helps us evaluate the services we provide. If you would like to tell us about your experience:

- speak to a member of staff
- visit our website feedback section at: www.wihb.scot.nhs.uk or share your story at www.careopinion.org.uk or tel. 0800 122 31 35
- tel. 01851 708069 Monday-Friday between 9am-5.30pm.

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Disclaimer

The content of this leaflet is intended to augment, not replace, information provided by your clinician. It is not intended nor implied to be a substitute for professional medical advice. Reading this information does not create or replace a doctor-patient relationship or consultation. If required, please contact your doctor or other health care provider to assist you to interpret any of this information, or in applying the information to your individual needs.

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Bòrd SSN nan Eilean Siar
NHS Western Isles

Surgical Ward

Surgical Pre-Admission Clinic



Useful information for patients

This leaflet is to give you information about what you need to know and do before coming to the Surgical Pre-Admission Clinic at Western Isles Hospital before your operation.

What do I need to do before attending the Clinic?

If you are taking any anticoagulants (blood thinners), please phone the Pre-Admission Clinic on 01851 708143. Please leave a message and someone will return your call.

Please bring a list of medications and also any medication that you will be due to take in their original containers/packaging.

Please also bring a urine specimen from the morning of your appointment.

Why do I need to attend?

It is important you attend this clinic so:

- we can confirm that you are fit for your operation
- we can check your patient record is up-to-date
- it gives you the opportunity to discuss any issues you may have.

If anything regarding your health has changed since you attended the Pre-Op Clinic please let us know.

How long is the appointment?

It usually takes about 1-2 hours. Sometimes the doctor may request additional tests that need to be arranged at short notice, resulting in a longer appointment.

What tests will be carried out?

- Blood samples.
- Urine testing.
- Baseline observations including your temperature, pulse and blood pressure.

Which staff should I expect to meet during my visit?

During your Pre-Admission Clinic visit you will meet with some or all of the following members of the team:

Pre-Admission Nurse

They will:

- complete a nursing assessment and update your records
- run blood tests
- arrange any other investigations or assessments if needed
- answer any question you may have about your hospital admission.

Junior Medical Staff

They will go through your medical history, do a physical examination and will prescribe your medications during your hospital stay.

Anaesthetist

They will discuss anaesthetic options with you - you will have previously been given information on spinal and general anesthetic at your Pre-Op Assessment appointment.

They will also look at your medical history and will ask if anyone in your family has had problems with anaesthesia. They will also ask about your general health and lifestyle, including:

- medication
- any allergies
- smoking or drinking alcohol.

Your anaesthetist can answer any questions you have. Let them know if you are unsure about any part of the procedure or if you have any concerns. You should be given clear instructions to follow before the operation, including what you can eat or drink in the hours leading up to your operation.

Students (Medical and Nursing Students)

They may be on placement as part of their training. If you do not wish them to be present during your appointment, please let the Pre-Admission nurse know.

Take Home Pack

When you leave the Pre-Admission Clinic you will be given:

- pre-op drinks to drink as instructed
- a special antibacterial liquid soap to use in the shower the evening before your surgery

You will also receive confirmation of the date and time of your admission to Surgical Ward. Please note that you should expect to be discharged 48-72 hours after your operation.