



Eileanan Siar
Western Isles

A close-up photograph of a tabby cat and a black and white dog lying in green grass. The cat is on the left, looking towards the right. The dog is on the right, looking towards the camera.

SECONDHAND SMOKE AFFECTS PETS TOO

To protect them, either take your smoking
right outside or stop smoking completely.

**QUIT
YOUR
WAY**
with our
support

If you would like more advice
about how secondhand
smoke can affect your pets
or would like free help to
stop smoking (including access to free
NRT),
please call **01851 708040** or
Email: **wi.hebridesquityourway@nhs.scot**

