



Discharge Advice for Possible Clot in the Leg

Deep Venous Thrombosis (DVT) - Negative Ultrasound

Discharge advice for patient attending with suspected Deep Vein Thrombosis (DVT) but negative ultrasound

The scan (ultrasound) investigation carried out on ___ / ___ / ___ has not shown any evidence of a clot (also known as Deep Vein Thrombosis or DVT) in the blood vessels in your leg. However, this test is unable to exclude a clot completely. Although the probability of a clot is very low, you should be aware that it is important to check that your symptoms are not getting any worse.

What should I do if I have these symptoms?

- Seek urgent medical advice, either from your GP, or from NHS24 or your nearest Emergency Department.

What should I look for?

- Increased pain or swelling in the leg.
- Sudden onset of breathlessness that is unusual for you.
- Chest or back pain that is unusual for you.
- Coughing or spitting up blood.
- Any episode of collapse.

In the case of unusual chest or back pain, coughing or spitting up blood, or episode of recent collapse, call 999 immediately and advise the operator that you have recently been tested for DVT.

Is there anything else I should do?

- If any further tests have been organised for you it is important that you attend them.
- If you have been prescribed any medicine you should take it regularly and finish the course.
- If you have been given a diagnosis of muscle injury and your symptoms have shown no improvement within a few days, seek further medical advice, either from your GP or Emergency Department.

If you are unclear about any of the above instructions, please contact your nearest Emergency Department (details overleaf).

Further help and information

Western Isles Hospitals

Western Isles Hospital
Macaulay Road
Stornoway
Isle of Lewis HS1 2AF

Tel. 01851 704704

Uist & Barra Hospital
Balivanich
Benbecula
HS7 5LA

Tel. 01870 603603

St. Brendan's Hospital
Castlebay
Barra
HS9 5XD

Tel. 01871 810465

We are listening - how did we do?

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- speak to a member of staff
- visit our website: www.wihb.scot.nhs.uk/feedback or share your story at: www.careopinion.org.uk or tel. 0800 122 31 35
- tel. 01851 708069 or 07814 071868 Monday-Friday between 9am-5.30pm.

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