

Further information and help

NHS24	Freephone 111
NHSinform	www.nhsinform.scot
Patient UK:	http://patient.info
British Association of Dermatologists	www.bad.org.uk
DermNet New Zealand	www.dermnetnz.org
Primary Care Dermatology Society	www.pcds.org.uk

Contact Details

For further information contact:

Sarah Mitchell
Dermatology Liaison Nurse
Outpatients Department
Western Isles Hospital
Tel: 01851 708215
E-mail: sarah.mitchell15@nhs.scot

Opening hours: Mon-Fri 9am-5pm

We are listening - how did we do?

We welcome your feedback, as it helps us evaluate the services we provide. If you would like to tell us about your experience:



- speak to a member of staff
- visit our website: www.wihb.scot.nhs.uk/feedback or share your story at: www.careopinion.org.uk or tel. 0800 1223135
- tel. 01851 704704 (ext 2236)
Monday-Friday between 10am-4pm.

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Written by: Dermatology Specialist Nurse, Western Isles Hospital.

Disclaimer

The content of this leaflet is intended to augment, not replace, information provided by your clinician. It is not intended nor implied to be a substitute for professional medical advice. Reading this information does not create or replace a doctor-patient relationship or consultation. If required, please contact your doctor or other health care provider to assist you to interpret any of this information, or in applying the information to your individual needs.

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Bòrd SSN nan Eilean Siar
NHS Western Isles

Outpatients Department

Dermatology Liaison Nurse Service



Information and advice on the Dermatology Liaison Nurse Service in the Western Isles

This leaflet explains some of the ways in which the Dermatology Liaison Nurse Service can help with your skin condition.

About the service

The Dermatology Liaison Nurse Service was developed to support those in the Western Isles with skin conditions.

Regular clinics are held in the Outpatient Department at Western Isles Hospital in Stornoway. Our clinics are mainly face-to-face, but we also offer the option of video-linked clinics using 'NHS Near Me'.

The Service offers, in addition to a Dermatology Liaison Nurse, a Consultant from Raigmore Hospital, who attends clinics once every two months.

Assistance to the clinics is also provided by GPs who have undertaken specialist dermatology training.

What does the service offer?

The Dermatology Liaison Nurse Service offers the following treatments:

- Liquid Nitrogen Cryotherapy
- Phototherapy
- Iontophoresis
- Wet Wraps/Impregnated Bandaging
- Topical Treatments
- Daylight Photodynamic Therapy.

You may also be referred for further investigations such as:

- wig/hair piece provision
- continued support, advice and education to enhance your prescribed treatment.

How can I attend?

If you require specialist advice/treatment you will be referred to the Service by your own GP for follow up treatment or support.

If you already have received a diagnosis from your GP you can self-refer to the Dermatology Liaison Nurse for further assistance.

The Nurse will see patients:

- at a clinic held at the Outpatients Department in Western Isles Hospital.
- who are in-patients (those currently staying) in Western Isles Hospital.
- who are staying in care homes.
- within their own home, if required.

Contact the Dermatology Liaison Nurse

You can contact the Dermatology Liaison Nurse if you have any concerns or:

- would like information about your skin condition
- have a question about your treatment
- are concerned about your symptoms
- need advice about your medication
- if you need further advice/support.

Working hours:

Monday-Friday 9am-5pm

Telephone: 01851 708215

In the event that the Dermatology Liaison Nurse is unavailable, please telephone 01851 704704 and ask for the Outpatients Department.

Email: sarah.mitchell15@nhs.scot

You can refer yourself to the Dermatology Liaison Nurse Service using the above contact details.