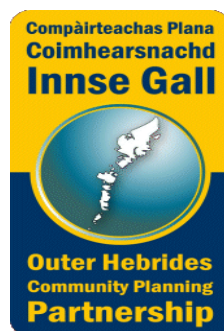


Barra's Sport & Activity Directory

Updated November 2025





Foreword

Welcome to the Sport & Activity Directory for Barra—version 2!

This booklet was produced by NHS Western Isles and supported by Comhairle nan Eilean Siar and wider organisations.

We intend to continue to update the directory, so please let us know of any additions or changes. To our knowledge the details listed are correct at the time of publishing.

The most up to date version will be found online at:
www.wihb.scot.nhs.uk/leisure-sport-activities/

To be added to the directory or to update any details contact::



Alison MacDonald
Senior Health Promotion Officer
NHS Western Isles
Tel No: 01851 708055
alison.macdonald9@nhs.scot

For information on any of the groups or setting up
your own group you can contact:



Kayreen Macleod
Community Sports Hub Officer
Uist & Barra
kayreen.macleod@cne-siar.gov.uk





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Disclaimer:

Listings are for information only. Please check directly with organisers to confirm details, safety standards, and suitability before taking part. Consult a healthcare professional before starting any new activity, especially if you have a medical condition.

Sports Organisations

CLUBSPORT UIST AND BARRA

ClubSport Uist and Barra is an association of local sports clubs and organisations who work together and develop sport locally.
(For members see page 6)

Kayreen Macleod
Secretary
ClubSport Uist and Barra
clubsportub@cne-siar.gov.uk

COMMUNITY SPORTS HUB

The Uist and Barra Sports Hub officer works with communities and facilities to foster and develop new sports clubs and offer support to local clubs.

Kayreen MacLeod
Community Sports Hub Officer
Kayreen.macleod@cne-siar.gov.uk



WESTERN ISLES ISLAND GAMES ASSOCIATION

The Western Isles Island Games Association is responsible for the planning, preparation and management of the Western Isles Island Games Team.

Secretary
Lewis Sports Centre
Springfield Road
Isle of Lewis
HS1 2PZ
Tel: 01851 822787 or
01851 822785



Barra Sports Clubs and Organisations

Adult Football

neilieboy88@btinternet.com

Barra & Vatersay Coastal Rowing Club

 Barra & Vatersay Coastal Rowing Club

Barra & Vatersay Junior Sports Club

~Variety of sporting activity for children~

katiedenehy@cne-siar.gov.uk

 Barra & Vatersay Junior Sports
Club Scotland

Barra Badminton Club

Paul Maguire

 Barra Badminton Club

Barra Darts Club

neilieboy88@btinternet.com

 Barra Darts

Barra Golf Club

19 Bentangaval

Cleat

Isle of Barra

HS9 5XN

motac@btinternet.com

Barra Running club

Castlebay Community School

01871 810100

 Barra Running club

Barra Surf & Coastal Adventures

*~ Surfing, snorkelling, coasteering &
sea kayak/ sit-on-tops ~*

Castlebay

Isle of Barra

HS9 5XD

01871 810443

info@barrasurfadventures.co.uk

www.barrasurfadventures

Barra Watersports Club

 Barra Watersports Club

Barrathon

~ Half marathon & fun run ~

Isle of Barra

01871 810262

www.barrathon.org.uk

Clear Water Paddling

~Kayaking~

Castlebay

Isle of Barra

HS9 5XD

01871 810443

info@clearwaterpaddling.com

www.clearwaterpaddling.com

Complementary Therapies & Yoga

Sheila MacDonald

Solas, 20 Torlum

Isle of Benbecula

HS7 5PP

Tel: 07919 184627

 Solas Complementary Therapies
and Yoga

Game Fit/ Metafit FBX/ MetaPWR &

Personal trainer

Castlebay

HS9 5XD

Kristie_boyd@live.co.uk

 KB Fitness

Isle of Barra Yoga

Ishi MacLean

Isle of Barra Yoga

Paths for All/ Health Walks

Walk on Hebrides

Health Walks Coordinator

01851 708055

Laura.mackay@nhs.net

Zumba

Theresa Irving

 Zumba Barra

ClubSport Uist & Barra

November 2025

B & V Junior Sports Groups

Barra Badminton Club

Barra Running Club

Uist & Barra Football Association

Western Isles Badminton Association

Western Isles Duke of Edinburgh Award

Football clubs

Barra FC

 Barra Football Club

Benbecula FC

 Benbecula Football Club

Eriskay FC

 Eriskay Football Club

lochdar Saints FC

 lochdar Saints Football Club

North Uist FC

 North Uist United Football Club

Southend FC

 South End Football & Community Club



Helpful Contacts...

Adult Learners

Learning Centre
Castlebay
Isle of Barra
01871 810886

Barra Children's Centre

Castlebay
Isle of Barra
01871 810890
info@barrachildrenscentre.org.uk

Barra Learning Centre

Castlebay
Isle of Barra
01851 770600

Buth Bharraigh

Castlebay
Isle of Barra
01871 817948
info@buthbharriagh.co.uk
 [buthbharraigh](#)

Citizen Advice Bureau

Castlebay
Isle of Barra
01871 810608

Cobhair Bharraigh

Kentangaval
Castlebay
Isle of Barra
HS 5XL
01871 810906
cobhairbharraigh@btconnect.com
 [Cobhair Bharraigh SCIO](#)

Coimhearsachd Bharraigh & Bhatarsaigh (CBaB)

Castlebay
Isle of Barra
Info@barra-vatersay.org.uk
01871 810266

Comann Eachdraidh Bharraigh agus Bhatarsaigh

Dualchas Heritage Centre
Castlebay
Isle of Barra
HS9 5XD
01871 810413
barraheritage@btconnect.com

Garadh a'Bhagh a'Tuath

Am Bothan, Northbay
Isle of Barra
HS9 5XY
01871 890765
www.garadh.co.uk
 [Garadh a bagh a tuath](#)

Guth Bharraidh

Castlebay
Isle of Barra
barra.new@vabv.org.uk
01871 810401
 [guth bharraidh](#)

Voluntary Action Barra & Vatersay

Castlebay
Isle of Barra
HS9 5XD
01871 810401
www.vabv.org.uk

Volunteer Centre

Northbay
Isle of Barra
01871 890775
barra@volunteeringwesternisles.co.uk

School & Community Halls

Castlebay Community Hall
Castlebay
Isle of Barra
HS9 5XD
01871 810 100
castlebayhall09@btinternet.com

Castlebay Community School
Castlebay
Isle of Barra
HS9 5XD
01871 810100

Northbay Hall / St Barr's Hall
Northbay
HS9 5YQ
01871 890 380

Vatersay Hall
Vatersay
01871 810 237

Sports Facilities/ Gyms

Castlebay Sports Centre
Swimming pool & Fitness suite
Castlebay
Isle of Barra
HS9 5XD
01871 810 129

**Castlebay Community School -
Games Hall**
Castlebay
Isle of Barra
HS9 5XD
01871 810 100



Useful Websites

Parent Club
www.parentclub.scot/topics/food-eating

Hebridean Way
www.visitouterhebrides.co.uk/see-and-do/activities/hebridean-way

Mental Health Foundation
www.mentalhealth.org.uk/scotland

NHS Inform
www.nhsinform.scot

NHS Couch to 5K
www.nhs.uk/live-well/exercise/get-running-with-couch-to-5k/

NHS inform - Eatwell Guide
www.nhsinform.scot/healthy-living/food-and-nutrition/eating-well/eatwell-guide-how-to-eat-a-healthy-balanced-diet/

NHS Western Isles - Mental Wellbeing
www.mentalwellbeing.wihb.scot.nhs.uk

Sport and Health
www.cne-siar.gov.uk/home/sport-and-leisure

University of the Highlands and Islands
www.nwh.uhi.ac.uk

NHS Western Isles
www.wihb.scot.nhs.uk

Walk Highlands
www.walkhighlands.co.uk/outer-hebrides/

Local Facebook pages that promote sport and activity events:

The Isle of Barra and Vatersay Appreciation Society
Isle of Barra & Vatersay Information

Evening Classes

Barra Learning Centre
Castlebay
Isle of Barra
HS9 5XD
01851 770600
barralc.nwh@uhi.ac.uk



Sport & Health Contacts

Active Schools Co-ordinator

Christine MacQuarrie

chrisitne.macquarrie@cne-siar.gov.uk

Community Sports Hub Officer

Kayreen Macleod

Kayreen.macleod@cne-siar.gov.uk

Outdoor Learning Manager

Tim Pickering

01851 822781

Sports Facilities Services Manager

Iain 'GG' Campbell

01851 822780

iain.campbell@cne-siar.gov.uk

Sports Facilities Development officer Uist & Barra

Christina MacWilliams 01870 603539

cmcwilliams@cne-siar.gov.uk

NHS Western Isles

Public Health Department

01851 708055 (Benbecula)

alison.macdonald9@nhs.scot

NHS Western Isles

Walk on Hebrides

Health Walks coordinator

01851 708055 (Lewis)

Laura.macleod2@nhs.scot

NHS Western Isles

Health Information Resources Department

01851 708055

manisha.sharma@nhs.scot

Community Learning & Development

Community Learning & Development (Barra)

Castlebay Hall

Isle of Barra

HS9 5XD



Notes