

Head & Neck Cancer

— Things to know —

Mouth cancer can appear in the mouth, lips, head & neck so it is extremely important to know what to look for:

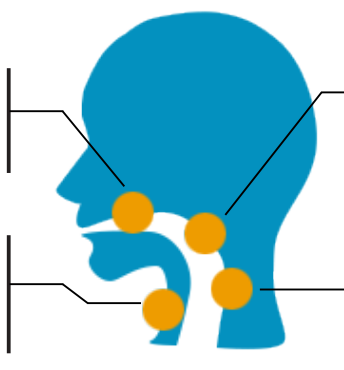
- Non healing mouth ulcers (which do not heal within 3 weeks)
- Red & white patches in the mouth
- Lumps or swellings in the mouth or head & neck area

EARLY SIGNS AND SYMPTOMS

an ulcer anywhere in the mouth area (including the tongue) lasting for more than 3 weeks

a red or white patch (or both) anywhere inside the mouth

throat pain, persistent hoarseness and difficulty swallowing that is not improving.



a sore tongue that is not getting better.

a lump in the neck, on the lip or anywhere inside the mouth that does not go away after 2 to 3 weeks.

RISK FACTORS



Smoking (or using smokeless tobacco products)



Alcohol



HPV exposure (HPV is known to cause cervical cancer, but it is also linked to head & neck cancers)

Early detection

is important.

If you notice any changes that don't clear please contact your

Doctor
or

Dentist

as soon as possible.