

What is my risk of

PROSTATE CANCER?



1 in 8 men will get prostate cancer. If you're over 50, or you're black, or your dad or brother had it, you're at even highter risk.

Prostate cancer is not always life-threatening. But when it is, the earlier you catch it the more likely it is to be cured.

Symptoms

If you notice any changes in the way you urinate, this is more likely to be a sign of an enlarged prostate, or another health problem. But it's still a good idea to get it checked out. Possible changes include:

- Difficulty starting to urinate or emptying your bladder
- Dribbling urine after you finish urinating

A weak flow when you urinate

Needing to urinate more often than usual, especially at night

A feeling that your bladder hasn't emptied properly

A sudden need to urinate - you may sometimes leak urine before you get to the toilet