

Training on Smoking Cessation

Learning outcomes

- Increased knowledge of smoking cessation facts
- Information on how Smoking Cessation support clients using Nicotine Replacement Therapy (NRT), how products work and the importance of Behaviour Support
- The key elements of a brief intervention
- Increased confidence to raise the issue of smoking with the people you support
- Increased knowledge and an insight into local Smoking Cessation/ Prevention service
- Increased awareness of where and how to signpost people to the service
- The referral pathway into the smoking cessation service
- Vaping update locally and nationally



QUIT YOUR WAY with our support

For more info call **01851 708040 or** Email: **margaret.ralston@nhs.scot**