

Thank You for Supporting Smoking Cessation Referrals

Mags Ralston, Smoking Cessation Coordinator, would like to extend her sincere thanks to colleagues for continuing to refer patients to the Smoking Cessation Service.

She said: "Your support plays a vital role in helping individuals take the first step toward a healthier, smoke-free life.

"Stopping smoking is one of the most impactful changes a person can make for their health. By identifying and referring patients who are ready to quit - or even just thinking about it - you are helping to reduce the risk of serious illness, improve quality of life, and support long-term wellbeing.

Every referral matters. Your efforts ensure that patients receive the guidance, resources, and encouragement they need at the right time. Together, we are making a meaningful difference across our communities.

Thank you again for your continued commitment and collaboration".



Year	Referrals from hospital	Total referrals	% of referrals
2022	16	207	7.7%
2023	26	201	13%
2024	19	166	11%
2025	49	162	30%

Hospital and Total Referrals (2022-2025)

