



Community Equipment Guidance Sheet

Guidance for individuals, family and carers regarding the use of:

- **bedrails**
- **bed levers**
- **grab bars**

Bedrails, grab bars or bed levers have been provided following a risk assessment. This equipment should only be used by the individual they were issued to. Should there be any changes in the individual's condition, it is essential that they are reassessed for the use of the rails. For example, new confusion or significant reduction in body weight.

Monthly checks

Please ensure that the following checks are made monthly:

- are any of the rails bent?
- are there any loose fixings or brackets?
- are the plastic sockets on the clamps loose?
- are there any sharp edges or flaking chrome finishes?
- are there any risks to the individual becoming trapped in the bed rails?

If you answer '**Yes**' to any of the above questions or have any problems with equipment, please contact:

- the Community Equipment Service (CES): Lewis & Harris tel. 01851 703054 or Uist & Barra tel. 01870 603648
- the Community Nursing service attached to the GP practice that the individual is registered with
- your local Occupational Therapy Department (Lewis & Harris tel 01851 448525 or Uist & Barra tel. 01870 514002).

It is the responsibility of the individual/carer to ensure these checks are completed.

We are listening – how did we do?

We welcome your feedback, as it helps us evaluate the services we provide. If you would like to tell us about your experience:



- speak to a member of staff
- share your story at: www.careopinion.org.uk
- visit our website: www.wihb.scot.nhs.uk/feedback
- tel. 01851 704704 (ext. 2236), please leave a message on the answering machine if no one is available to answer.

Disclaimer

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