

For further information, please contact:

VALERIE RUSSELL

Children's Services Manager
valerie.russell@actionforchildren.org.uk
01851 705080
Or

MAGS MACISAAC

ADP Co-ordinator
margaret.macisaac@actionforchildren.org.uk
07971094557

Action for Children
Bayhead Resource Centre
30 Bayhead Street
Stornoway
Isle of Lewis HS1 2DU

Website: www.actionforchildren.org.uk

Facebook: Action for Children – Outer Hebrides

Action for Children, whose registered address is at 3 The Boulevard, Ascot Road, Watford WD18 8AG and registered as a charitable company limited by guarantee in England & Wales under number 4764232. Registered charity numbers 1097940/SC038092.

Confidentiality

Service User's information is treated as confidential within the project and will only be shared with the knowledge and permission of the service user except when a child or vulnerable person is at risk.

Equality & Diversity

We respect differences in ethnic origin, gender, religion, sexuality, culture and language both as an employer and service provider.

We will endeavour to communicate in people's first language and will ensure participation of those with disabilities.

Participation

Young people and their families will be included in meetings and reviews about the progress they are making, and their views will be sought before any decisions are made.

They will be asked for their views about the service they are receiving.

They will be encouraged to assist in the shaping and developing of the service.

Comments / Complaints

If you have any problems or concerns regarding the service, please speak to a member of staff. Any problems or concerns will be dealt with promptly.



Early Intervention Alcohol and Substance Support Service

A Western Isles Alcohol and Drug Partnership Project



Who We Are...

Action for Children work in partnership with the Outer Hebrides Alcohol & Drug Partnership (ADP), who play a significant role in the local delivery of national strategies to tackle drug and alcohol misuse problems.

Who We Help...

Our early intervention substance support service works across Lewis and Harris with young people aged 9-18 years, who are identified as having been under the influence alcohol or a substance and/ or using substances or alcohol regularly.

Secondly, we work with children or young people who are affected by a family member, or someone close to them substance or alcohol use.

We aim to provide support and assistance to those who are not currently heavily involved with statutory agencies where possible. We work with whole families to reduce the harms associated with drug and alcohol use.

What We Do...

- We work in partnership with local statutory and non-statutory agencies to improve outcomes for children, young people, and their families.
- We provide regular individual harm reduction-based approach to 1:1 session on drugs and alcohol.
- Support around triggers for use and alternative coping strategies.
- Support with abstinence and relapse.

- Tier 1 mental health support with anxiety, low mood, and emotional regulation
- Diversions to meaningful use of their time positively affect their health through exercise and routines
- Support for whole family challenges and parenting support
- Improve access to the community and activities and clubs with funds
- Supporting engagement with other services such as health, education/further education or work placements. With parents, children, or young people
- Support to young people to understand parental substance or alcohol use
- Support understanding of healthy relationships, personal safety, and sexual health.
- mentorship

Our work with young people and children uses a person-centered approach to address any issues affecting their well-being e.g. family issues, education difficulties, problems in the community, mental health, trauma or loss.

- We support young people out of hours at the weekends through collaboration with our Streetwork Service.
- We work closely with Bannan our other early intervention service to identify young people, children or parents needing support.
- We support parents using teen triple p or Parenting under pressure programmes

- We create a link for young people with other agencies and can advocate on their behalf if required
- Signpost to other services providers
- We provide a follow-up meeting with the young person and their family 3 months after the end of service to ensure progress continues.
- Signpost to our parent's support group.
- We provide community-based activities.

Referrals...

Referrals from Education, Community Education, Health, Social Work, Schools and Police, and self referrals via young person or family will all be considered. Consent will be sought from parents if the young person is under 16, or from the young person themselves, where they are aged between 16 – 18. Parents and young people can self-refer to the service.

